

E·L·N·E·C Connections

End-of-Life Nursing Education Consortium

Welcome to our Winter 2002 Issue!

The End-of-Life Nursing Education Consortium is pleased to bring you *ELNEC Connections*, a quarterly electronic newsletter designed primarily for ELNEC Trainers to showcase ongoing efforts in end-of-life care education, spotlight project developments, and share resources that are useful to your own education and the education you provide. ELNEC is a national education program to improve end-of-life care by nurses, and is funded by a major grant from the Robert Wood Johnson Foundation. ELNEC is administered through a partnership between the American Association of Colleges of Nursing and the City of Hope National Medical Center.

ELNEC Trainer Reunion

During the American Association of Colleges of Nursing (AACN) Baccalaureate Education Conference in December 2001, a breakfast was held for ELNEC Trainers attending the conference and those interested in more information about the program. Discussion was facilitated by Dr. Betty Ferrell from City of Hope and Anne Rhome and Dr. Barbara Penn from AACN. A total of 34 nurse educators attended, and they reported exemplary approaches to implementing ELNEC in their schools and communities, several of which are reported in the Trainer Roundup section found on pages 3 and 4 of this newsletter.

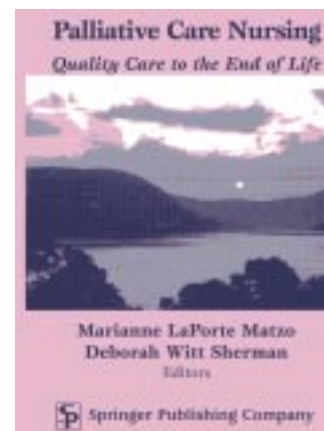
NOTE! See guidelines for using ELNEC materials on page 6.

Inside

ELNEC Trainer Roundup
Resources You Can Use
Colleagues Seeking Colleagues
ELNEC Course News

Accolades for ELNEC Faculty

Congratulations go to ELNEC faculty members Dr. Marianne Matzo and Dr. Deb Sherman, editors of “the pink book”, *Palliative Care Nursing: Quality Care to the End of Life*. Their book recently was named one of “the most valuable texts of 2002” in the AJN Book of the Year Awards. See the January issue of AJN for details.



Children and Elders

The need for a pediatric-specific version of ELNEC has been recognized since the first ELNEC course a year ago, and this initiative now is underway. The specialized content is being developed by a group of experts led by chief consultant Tiffany Levinson, an ELNEC Trainer. The pediatric version will be introduced in conjunction with the June 2002 course for continuing education and staff development educators. Once the materials are finalized, they will be disseminated to all ELNEC Trainers. A geriatric version also has been suggested. ELNEC faculty member Dr. Marianne Matzo is leading the effort to enhance the current geriatric content.

New ELNEC Staff Member

The ELNEC Project Office at AACN welcomes Maureen McLaughlin to the position of Associate Director for ELNEC. Maureen comes to the project with an exceptional background in nursing, administration, education, and consulting. She is currently completing her doctorate in nursing at George Mason University. Please join the entire ELNEC team in welcoming Maureen.



ELNEC Course News

Course for Continuing Education/ Staff Development Educators

The first 3-day course designed for nursing continuing education/staff development educators with limited experience in end-of-life care was held November 15-17, 2001 in Pasadena, CA. Eighty-six nurse educators attended this course. The ELNEC curriculum previously used with undergraduate educators was modified to be specifically applicable to this unique group of educators.

Second ELNEC/Last Acts Course

The second ELNEC/Last Acts Course was held November 27-28, 2001 in Philadelphia in conjunction with the Last Acts Regional Conference. This series of courses, coordinated by the Hospice Institute of the Florida Suncoast, uses ELNEC curriculum modified as a 2-day course for clinical educators experienced in end-of-life care. Ninety-nine nurse educators attended and evaluated it highly.

Fifth Course for Undergraduate Faculty

The fifth course for undergraduate faculty was held January 10-12, 2002 in Pasadena. Because of the enthusiastic response from applicants, we were able to increase capacity to 160 participants. Participants evaluated the course highly. This was the final course for undergraduate faculty under the current grant.

Nurse educators who attended the above courses have been added to the roster of ELNEC Trainers found online at www.aacn.nche.edu/el nec.

Future ELNEC Courses

A second 3-day course for continuing education/staff development educators with limited experience in end-of-life care will be held June 20-22, 2002 in Chapel Hill, NC. The application deadline for this course is March 22, 2002.

Additional 2-day courses in conjunction with Last Acts Regional Conferences are scheduled for February 19-20, 2002 in Tampa, FL; June 18-19, 2002 in Seattle, WA; and September 17-18, 2002 in St. Louis, MO. These courses are for nurse educators in clinical settings who are experienced in end-of-life care.

Please encourage nursing education colleagues who are interested in implementing end-of-life care education to apply for one of the remaining courses. Priority is given to those agencies that have not sent a representative to an ELNEC course. See the ELNEC Web site for specific information on the remaining courses and the application requirements. Please note that the 3-day ELNEC courses and the 2-day ELNEC/Last Acts courses are designed for different audiences, have different application requirements, and different contact persons.

Two grant proposals are in progress to continue ELNEC work when the current grant ends in June 2003. One seeks funding to continue offering ELNEC courses to undergraduate faculty and continuing education and staff development educators. The other addresses the need to share ELNEC with graduate nursing faculty. Stay tuned for progress on these initiatives.

ELNEC Student Testing Project

The student testing project, described in the last *ELNEC Connections*, had a busy fall semester. Twenty-six colleges and universities agreed to serve as test sites, and we extend our sincerest thanks to this group. Volunteer schools pre-tested a total of 764 students using the ELNEC test bank of 109 items. In the coming months, the schools will teach students at least five ELNEC modules and post-test the same students. Schools that have not participated may volunteer for the spring. Volunteers must be confirmed by the end of January, so if you are interested, contact Dr. Barbara Penn at bpenn@aacn.nche.edu for information. Special thanks to the schools serving as test sites:

Alderson-Broadus College • Armstrong Atlantic State University • Auburn University – Montgomery • Bluefield State College • Columbia State Community College • Des Moines Area Community College • Howard University • Indiana University • Kent State University – Tuscarawas Campus • Louisiana Tech University • Mesa Community College • Mohave Community College • Mountain State University • North Park University • Oklahoma Baptist University • Quinnipiac University • Sierra College • Tacoma Community College • Tennessee Technological University • Thomas Jefferson University • University of Akron • University of Indianapolis • University of Mary • University of Massachusetts – Lowell • University of Missouri – Columbia • University of Utah

ELNEC Trainer Roundup

Here is a snapshot of what some Trainers have been doing since their ELNEC participation. *Please send updates on your ELNEC activities by March 29, 2002 to Maureen McLaughlin at mmclaugh@aacn.nche.edu.*

Denice Davis, ddavis@admin.gccc.cc.ar.us

Garland County Community College

Presented a continuing education offering at an Arkansas Nurses Association Meeting in August and a session to associate degree nursing faculty in September on "Teaching High Touch at the End of Life." The September session focused on the need for end-of-life content in nursing education. A six-hour workshop on "Pain and Symptom Management at the End of Life" is planned for spring.

Christine Burd, christine_burd@mail.und.nodak.edu

University of North Dakota

Is working with clinicians and educators in a statewide consortium to disseminate ELNEC information at upcoming forums in North Dakota. Nursing students throughout the state will be invited to attend the workshops, which will address content from the ELNEC modules.

Nancy Rowe, DrMom1296@aol.com

Mount Carmel College of Nursing

Developed a master's tract in palliative care at her school to be implemented in 2002. ELNEC content areas also have been included in a course for senior nursing students.

Jean E. Humphreys, JeanEHumphreys@aol.com

Memorial Health University Medical Center

Is offering a two-day ELNEC program in April and has initiated "Module a Month" to begin in April and continue through December. Several ELNEC modules have been integrated into the Critical Care Nursing Residency offered twice a year at Medical Center.

Donna Scott Tilley, tilley13@home.com

Texas Tech University

A three-hour elective on end-of-life care is now offered at Texas Tech, and the spring course has strong enrollment. ELNEC content was also used extensively in a nursing fundamentals course and will be presented in the Wellness and Illness course this spring, providing a large number of students with exposure to ELNEC materials.

Cindy Drenning, cdrenning@hsc.wvu.edu

West Virginia University

Integrated end-of-life care into the nursing curriculum by increasing lecture time on grief, bereavement, and loss, and by adding a four-hour clinical day to discuss end-of-life care in preparation for a hospice experience.

Kelly Fugate, kellyf@elmhurst.edu

Deicke Center for Nursing Education

Consulted for a local hospice to prepare staff nurses for the Hospice and Palliative Nurses certification exam. Ongoing partnership may result to address competencies and develop an orientation program for nurses who desire a change in specialty area. Also, together with other ELNEC and EPEC practitioners, cultural considerations in end-of-life care will be presented as part of a Palliative Care Education Program at Oak Forest Hospital in Chicago.

Kathryn Colgrove, colgrove@tvcc.cc.tx.us

Trinity Valley Community College

Added a lecture on the issues surrounding death and dying to current lecture content and will require all graduating students to complete living wills in order to learn about the decisions that must be made regarding end-of-life issues.

Linda Johnston, LindaJ@usca.edu

University of South Carolina-Aiken

Is developing a one-hour elective on ELNEC content to be offered next fall. Working with a committee to offer "From Cure to Care: Dealing With End of Life Issues," a workshop focused on clinical, spiritual, and ethical content.

Tharon Kirk, tkirk@uu.edu

Union University

Developed an end-of-life elective for the winter semester. Presented a workshop with Betsy Hay at the Tennessee Nurses Association Convention in November aimed at nursing educators and institutional education coordinators. ELNEC materials and the TNEEL CD were demonstrated. They have been asked to do a more extensive presentation for faculty from church-related institutions in the spring.

Winniefred A. Jones, wjones@dcc.edu

Delgado College

Has discussed end-of-life care with clinical groups and faculty at the Charity School of Nursing. End-of-life care has been implemented in clinical areas with surgery patients and patients in the neurointensive care unit. Also, received a mini-grant from Delgado College to provide more student learning activities, which will involve students in clinical groups, practical nursing students, and faculty.

Corrine Anderson, NPAnderson.cor@verizon.net

Community Center for Palliative Care

Helped coordinate a continuing education event, "Responding to End of Life Needs: Patient, Family, and Nurse," at the University of Texas at Arlington School of Nursing in November. All nine modules of the ELNEC curriculum were presented. The 60 participants were highly enthusiastic about the program.

Beverly Fineman, Mrswaddles@aol.com

College of Mt. Saint Vincent

Is helping to integrate end-of-life care in a new nursing curriculum and has made pertinent additions to several courses. For example, a unit on pain assessment in a health assessment course and a newly developed Web site on the topic are educating students on end-of-life care. In order to involve faculty in planning topics on end-of-life care, she also hosted a luncheon to present and discuss concepts.

Theresa Beem, sbeem@netins.net

Hospice of Siouxland

Has implemented ELNEC modules as orientation for nurses new to Hospice of Siouxland. She has also taught Modules 1 to 3 in nursing programs at local colleges and presented Module 1 to a local professional group of BSN nurses.

Patricia K. Pierce,

ppierce@iusb.edu

Indiana University South Bend

Has developed an elective course, Palliative Care, to be offered summer 2002 and presented an overview of ELNEC materials at a School of Nursing faculty meeting. The information on the CD was loaded onto a shared drive, which allows faculty to review the materials at their leisure. A checklist has also been developed to help faculty identify end-of-life content in their courses.

Sharon Mann, smann@sandiego.edu

University of San Diego

Used ELNEC materials to provide information to pediatric nurse practitioners as part of a graduate school project. She recently completed a regional questionnaire for practitioners and clinical nurse specialists providing care to children and their families in outpatient clinics. From the results, educational resource modules are being developed to help practitioners include palliative care as part of their philosophy of care.

Colleen Kearney, kearney.colleen@torontorehab.on.ca

Toronto Rehabilitation Institute

Arranged a meeting with educators and all those involved in providing quality end-of-life care at the Toronto Rehabilitation Institute, including the CNO, bioethicist, chaplain, social workers, and others. All were in support of implementing content at the hospital. The current plan is to concentrate on one 50-bed unit at a time, presenting the curriculum to all three shifts and working with staff for 2 to 3 months before moving on to another unit.

Martha Highfield, martha.highfield@csun.edu

California State University-Northridge

Was invited as a nurse expert to lecture and consult with nursing faculty and healthcare leaders in the Municipal Health Bureau in Guangzhou, China in August. She was able to present small pieces of the ELNEC content and provide copies of ELNEC information to Health School faculty and Guangzhou Tumor Institute staff. Martha says, "The CD made it so easy to promote excellence in end-of-life care among RNs and MDs on a global scale!"

Barbara Kearney,

aristotl@apex.net

Murray State University

Nursing students utilized the ELNEC modules to prepare sound bites to be aired on WKMS, the local PBS radio station. The MSU Department of Nursing has partnered with WKMS and an independent producer on an end-of-life project called "Promises to Keep," funded by Robert Wood Johnson through the Benton Foundation. The purpose was to educate the community on end-of-life issues and to get families talking about the difficult topics related to dying. For example, students

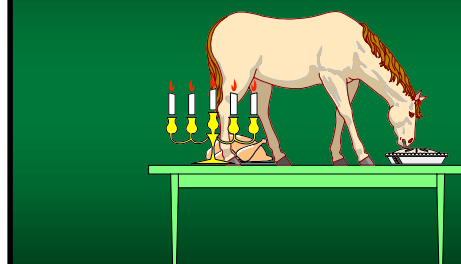
wrote a set of sound bites designed to inform the public about medical jargon such as CPR and advanced directives. Psychiatric nursing students presented community brown bag lunches where they focused on family communication when one is dying, grief and grieving, and complications families encounter related to last wishes. On the last NCLEX report, improved coping and adaptation scores were seen at MSU.

Rosemary Jacobson, rosemaryjacobson@hotmail.com

Mount Mercy College

Faculty has selected the theme of "journey" as they renew the nursing department curriculum. The student journey includes assuming the identity of "nurse", including socialization into the profession. The profession continues its journey of service, taking the principles, methods and goals of early pioneers into the uncharted waters of the new century. Death is part of the journey of each individual. Topics include grief and grieving, end-of-life care, death as a multicultural concept, spiritual care at the time of death, legal and ethical aspects of end of life care. The student and faculty journey along with those they care for, reflecting and growing in self awareness.

The Horse on the Dining Table



Susan Ford, fo9022@qwest.net

Tacoma Community College

Has developed a PowerPoint graphic for use with the story in Module 1, "The Horse on the Dining Room Table".

Resources You Can Use

Attending To Psychosocial Issues Near The End Of Life is an international conference sponsored by the Society for the Psychological Study of Social Issues. The conference will be held February 2-3, 2002 in Cleveland, OH. For additional information, go to the conference Web site at www.uakron.edu/eol/conference/.

The International Association of Forensic Nurses (IAFN) has developed a new brochure, *Grief: More Than Just a Five Letter Word*, to assist health care providers who are working with individuals who have suffered a recent loss. To download a copy of this brochure, visit the IAFN Web site at www.forensicnurse.org.

The American Nurses Association's revised *Code of Ethics for Nurses* is now available. Highlights of the document are available at www.ana.org/ethics/chcode.htm.

How Do We Pay for Care at the End of Life?

A videostream of proceedings from a recent Alliance for Health Reform issue briefing on this subject may be viewed at www.allhealth.org

Wit (Videotape from the November 2001 course) HBO home video. Director: Mike Nichols. Starring Emma Thompson. Based on the 1999 Pulitzer-Prize winning play about an English professor, Vivian Bearing, who has been diagnosed with cancer. The movie follows her life from diagnosis through treatment and focuses on the patient perspective. To order, visit: www.amazon.com or www.hbo.studiostore.com/product.

Colleagues Seeking Colleagues

ELNEC Trainers seeking information on end-of-life issues are encouraged to use this space to make contact with ELNEC Trainer colleagues.

Judy Cummings

cummings@northlink.com

Yavapai College

Yavapai College in Prescott, AZ is seeking a faculty member with end-of-life expertise to fill an endowed chair position in nursing. This person will conduct research on how the people in Yavapai County believe their end-of-life care needs are being met and also will serve as a resource on enhancing end-of-life education in the college. This position requires a doctorate in nursing and education experience.

*Poem read by Elizabeth Pitorak at the
January 2002 course*

Help Me To Remember

Help me to remember that there is little I need to say
and a lot I need to hear.

Help me to remember that sometimes the most important
thing I can give is simply my presence,
and sometimes nothing more is even wanted.

Help me to remember that all my education,
all my training, and all my experience
must always be secondary to my presence.

Help me to remember that I must accept and reaccept
and reaccept and reaccept
the uniqueness of the individual before me.

Help me to remember that I am not here for me:
I am here for another.

Authors:

Dr. Douglas C. Smith and Dr. Theodore J. Chapin
from their book, *Spiritual Healing*

TNEEL Update

A note from Dr. Diana Wilkie regarding the status of TNEEL:

Three thousand TNEEL CDs (**Toolkit for Nursing Excellence in End-of-Life Transition**) have been mailed to all ELNEC and ELNEC/Last Acts participants. So far comments have been very positive. We are eager to hear how TNEEL works for the people who have received the CD as a gift. We are happy to inform educators and health-care professionals that we can distribute TNEEL-NE CDs at the cost of shipping, handling and overhead. The prices are as follows:

\$50 for 1 CD

\$25 each for 2-4 CDs

\$20 each for 5-9 CDs

\$15 each for 10-29 CDs

\$10 each in lots of 30 CDs (e.g., 30, 60, 90, 120+
amount for broken lots priced as listed above)

We accept checks, money orders, or purchase orders made out to University of Washington with TNEEL on the memo line and addressed to: TNEEL, Box 357266, University of Washington, Seattle, WA 98195-7266. With your order, please include the following information: name, organization, e-mail address, phone number, fax number, mailing address, number of TNEEL CDs ordered, and total amount of purchase.

Use of ELNEC Materials

*Participants who complete a national ELNEC course sponsored either by AACN/City of Hope or Last Acts are considered an **ELNEC Trainer**, part of a national network of specially-prepared nurse educators who are qualified to teach ELNEC content to others. ELNEC Trainers are listed on the ELNEC Web site (www.aacn.nche.edu/elnec). This listing enables you to contact and collaborate with other ELNEC Trainers, and allows others to contact ELNEC Trainers in order to utilize your expertise.*

As an ELNEC Trainer, you may use or adapt the ELNEC materials as you require to incorporate ELNEC content into already-developed programs, or create new educational activities for use with specific audiences in academic institutions and/or clinical facilities. You are not limited to teaching ELNEC content only in the setting that sponsored you to attend. Many Trainers plan to use ELNEC materials to teach end-of-life care in nursing academic programs, clinical agencies, and community settings. You may want to collaborate with other Trainers in your area.

Three types of educational activities are possible:

1. **End-of-Life Education.** This consists of short programs of less than nine hours, and/or less than all nine ELNEC modules. The ELNEC content may be integrated into existing academic courses, continuing education programs, or staff development activities. Or, short courses may be developed utilizing ELNEC materials to meet the need of a specific audience. Generally, these activities are taught by ELNEC Trainers, but may be team-taught with other qualified faculty. *These short end-of-life care courses may have a variety of general titles, but may not be called ELNEC training.*
2. **ELNEC Training.** This designation requires that the educational activity include all nine ELNEC modules, with a minimum of one hour per module for a total of nine hours, taught by fully qualified faculty. The educational program must be coordinated by an ELNEC Trainer. All instructors are not required to be ELNEC Trainers, but must be recognized experts in the content they teach. *Nurses who complete this type of program may be designated as ELNEC Trained or Trained in the ELNEC Curriculum.* These programs must be coordinated (not approved) through the ELNEC Project Office so that the integrity of the ELNEC curriculum is assured, and we are aware of the ELNEC training that is occurring around the country.
3. **Trainer Conferences** or Train-the Trainer Programs. These are two or three day conferences designed to teach the full ELNEC curriculum to a group of nurse educators who then will train others in the ELNEC curriculum. All nine modules must be covered, with a minimum of one hour devoted to the content and one hour devoted to training strategies and resources for each module. Particular attention is paid to the faculty who will teach the course and the system in which ELNEC training will be implemented. This type of request is individually considered, and planned in close collaboration with the ELNEC Project Office.

For further information or questions, contact Dr. Barbara Penn at (202) 463-6930 extension 229 or bpenn@aacn.nche.edu.



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City of Hope