

E·L·N·E·C Connections

End-of-Life Nursing Education Consortium

Welcome to our Fall 2003 Issue!

The End-of-Life Nursing Education Consortium is pleased to bring you our fall 2003 issue of *ELNEC Connections*, a quarterly newsletter to showcase efforts in end-of-life nursing education. This newsletter spotlights project developments and provides resources that may be useful to you as an ELNEC trainer. ELNEC is a national education program to improve end-of-life care by nurses, and is funded by a major grant from The Robert Wood Johnson Foundation. ELNEC is administered through a partnership between the American Association of Colleges of Nursing and the City of Hope National Medical Center.

New ELNEC Course Offered for Oncology Nurses

The City of Hope Cancer Center received a major grant from the National Cancer Institute to improve end-of-life care for cancer patients through a national network of oncology nurses belonging to chapters of the Oncology Nursing Society (ONS). Each of the 217 ONS chapters around the country will be asked to send two members to attend one of four courses. In total, 240 oncology nurses will be trained in end-of-life care. The first two trainings will take place **February 19-21, 2004** and **September 16-18, 2004**. The other two courses will be held in September 2005 and 2006.

To apply, contact the president of your local ONS chapter and ask for an application. Applications can only be accessed through your ONS chapter President. **AACN must receive completed applications no later than October 31, 2003.**

New ELNEC Award Winners

Congratulations to the nurses chosen for the latest Excellence in ELNEC awards. Six nurses were selected from the January 2002 course and five from the June 2003 course. They will receive their awards during a special ceremony at AACN's Baccalaureate Education Conference on Tuesday, November 18 in San Antonio, Texas. Learn more about their work online at www.aacn.nche.edu/ELNEC.

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Pediatric Nurse Participants

ELNEC Expands Reach to Improve Pediatric Palliative Care

On August 14-16, 2003, over 100 pediatric nurses convened in Pasadena, CA to participate in the very first ELNEC Pediatric Palliative Care Course. Representing 34 states plus the District of Columbia, nursing faculty, nurse practitioners, clinical nurse special-

ists, staff development educators, and staff nurses attended. This train-the-trainer course was specifically tailored to pediatric nurses who spend more time with children and family members facing the end of life than any other member of the health care team.

Training participants returned to their local university, children's hospital, extended care facility or hospice/palliative care center in preparation for disseminating training content to their colleagues so that excellent palliative care may be implemented on a broader scale. Program content included topics such as pain and symptom assessment and management; cultural considerations; ethical/legal issues; communication; loss, grief and bereavement; care at the time of death; and models of excellence in pediatric palliative care.

With high demand for this course, we will offer a second course in August 2004. Check the ELNEC Web site frequently for updates.

Pictured Above: Training participants demonstrate different ways of play therapy at one of seven non-drug labs. These hands-on activity stations were among the training highlights and featured therapies such as art, play, imagery, spirituality, relaxation, massage, and cold/heat. See page 3 for more photos.

Inside this Issue . . .

- Upcoming training and conference announcements
- Photos from first Pediatric Palliative Care Training
- New Excellence in ELNEC Award winners
- Innovative projects
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ELNEC Training News

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Upcoming Trainings



Train the Trainer Course in Sacramento, CA:

November 5, 6 & 7, 2003
Catholic Healthcare West

will host a three-day Train the Trainer conference in Sacramento, CA in November. There are 80 openings for staff and 20 available slots for non-staff. For more information or to register, contact Natalia Wasylszynat at 415-438-5741 or nwasyls@chw.edu.

Train the Trainer Course in Palm Harbor, FL: February 11,12 & 13, 2004

Sponsored by The Hospice of the Florida Suncoast, this implementation course includes all implementation and training materials, manual, continuing education units for nursing and social work, continental breakfast and lunch for three days.

For more information, contact Susan Bruno at 727-773-2530 or by email at susanbruno@thehospice.org. Details are also available at www.thehospice.org.

Series from the Hospice and Palliative Nurses Association (HPNA)

HPNA will present content from the ELNEC curriculum to nurses in nine cities over a three-year period. The first three courses will take place in February 2004 (Fort Worth, TX), June 2004 (New York, NY), and October 2004 (Pittsburgh, PA). For more information on future classes, contact Judy Lentz at judy@hpna.org.

ELNEC Trainings from Learning Tree University

Learning Tree University (www.ltuonline.com) will present a number of ELNEC trainings in the coming months. Visit the ELNEC Web site for course dates and locations or, for more information, contact June Levine by phone at 1-800-542-4588 or by email at JALevine18@aol.com.



Other Conference News

The Human Face of Palliative Care

This end-of-life care conference from The Hospices of the National Capital Region will be held at the Fairview Park Marriott in Falls Church, VA on October 30 & 31, 2003 to address the individuality—biologically, psychologically, emotionally and spiritually—of those persons and their families facing the end of life. For more information or to register, please contact Karen Tummino at 703-460-9224.

Enhancing Family-Centered Care for Children Living with Life-Threatening Conditions

The Initiative for Pediatric Palliative Care (IPPC) announces its first major national symposium on family-centered care of gravely ill children and their families will take place November 6-7, 2003 in New York City at the New York Academy of Medicine. The interdisciplinary structure of the conference affords an opportunity for pediatricians, other medical specialists, nurses, child life specialists, chaplains, psychologists and social workers to learn together with parents.

For more information about this conference, visit www.nyam.org/events/pediatrics or contact Sheila Gray, Program Coordinator, at 202-822-7204 or sgray@nyamm.org.

Annual Meeting of the American Society of Pain Management Nurses (ASPMN)

The Annual ASPMN Conference will be held March 18-21, 2004. A one-day pre-conference, held on March 17 will review all ELNEC modules except the Pain Module. The Pain Module will be weaved into the three-day conference. For more information, contact Fran Hoh at Franapn@aol.com

Charting the Course in End-of-Life Care: From Research to Policy and Practice

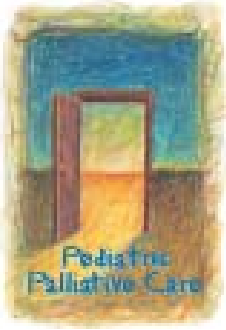
The University of South Florida's Center for End-of-Life and Palliative Studies will present this multidisciplinary conference on November 6, 2003 at the Tampa Airport Marriott in Tampa, FL. For more information or to register online, visit www.cme.hsc.usf.edu or email palliate@hsc.usf.edu.

Notify ELNEC Project Office About Your Courses

Please register your ELNEC training and/or trainers course with the ELNEC Project Office. It is important that staff track your great work to assess the impact of the project and assist you in the planning and promotion of your course. Please contact Pam Malloy at 202-463-6930, x. 238 or pmalloy@aacn.nche.edu.

Access Training Updates Online

Upcoming trainings and conference news is updated regularly online at: www.aacn.nche.edu/ELNEC/UpcomingTrainings.htm.



Pediatrics Page

The need for an ELNEC Pediatric Palliative Care (PPC) Training has been widely documented. According to a 2002 Institute of Medicine report, there are approximately 400,000 children living with a chronic, life-threatening condition in the United States. Although there have been major medical advances in the treatment of these conditions, approximately 53,000 children die annually. This course was funded by The Robert Wood Johnson Foundation.

To locate a pediatric trainer in your area, visit www.aacn.nche.edu/ELNECPediatric.htm.

New IOM Report

The Institute of Medicine (IOM) released a new report titled *Childhood Cancer Survivorship: Improving Care and Quality of Life* about the more than two-thirds of childhood cancer survivors (over 270,000 Americans) who experience late effects--complications, disabilities, or adverse outcomes--as a result of their disease and/or its treatment. The report outlines a comprehensive policy agenda that links improved health care delivery and follow-up, investments in education and training for health care providers, and expanded research to improve the long-term outlook for this growing population. For more information or to order this publication, visit

www.nap.edu/books/0309088984/html/

Peds Videos Online

All videos used in the ELNEC Pediatric Palliative Care course are listed online at <http://prc.coh.org> (Section XI: End of Life/Palliative Care; Item C2: Care of the Dying Patient—Video Listing). You should review the course agenda, which lists the video titles and days they were shown, to determine what video you need. Please note that you should order these videos online.

Videos used in the pediatric course include:

- Speaking the Same Language
- Big Choice, Little Choices
- Turning Toward the Mourning
- With Love, Heather
- One Brief Life
- Letting Go
- When a Child is Dying

This list of videos is updated six times a year. This project listing includes more than 250 videos recommended for use in palliative care education.

Photo Essay: First Pediatric Palliative Care Training a Success



(Above) Left to Right: Holly Harrington Jacobs (Ethics lecturer), Jo Hanson (City of Hope staff), Liz Sumner (Care at the Time of Death lecturer), and Marcia Grant (City of Hope staff). (Top Right) Tiffany Levinson (Cultural Considerations lecturer). (Right) Participants learn creative games they can play with children who are sick.



(Above) Medical/Expressive Play non-drug lab, featuring dolls and other toys. (Left) Pam Hinds taught the Communication module that focuses on communicating with the child, family, and interdisciplinary team.

Pediatric Trainer Update

Congratulations to Hinds Hospice in central California for receiving a grant that allows Susan Willoughby, a Pediatric ELNEC trainer, to train pediatric palliative care staff and develop a Palliative Care Team.

Trainer News & Inspiration

New Excellence in ELNEC Award Winners

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After the awards presentation, please join us for a free, informal meeting with faculty who already teach the ELNEC curriculum and a Q&A session about becoming a trainer.

January 2002 Course:

- Joy Buck, MSN, RN, Shenandoah University, Winchester, VA
- Maureen Daws, MS, RN, Binghamton University, Binghamton, NY
- Suzy H. Fletcher, RN, DNSc, Indiana State University, Terre Haute, IN
- Madeline Lambrecht, EdD, RN, University of Delaware, Newark, DE
- Stephanie M. Schim, PhD, RN, Wayne State University, Detroit, MI
- Ingrid Sheets, MS, RN, Dominican University of California, San Rafael, CA

June 2002 Course:

- Ann Marie Kelly, BSN, Catholic Memorial Home, Fall River, MA
- Kathleen McClain, MSN, Emergency Nurses Association, Des Plaines, IL
- Barbara Richards, MSN, Florida Hospital Waterman, Eustis, FL
- Katie Schatz, RN, Amer. Assoc. of Critical-Care Nurses, Aliso Viejo, CA
- Laura Williams, BSN, Saint Joseph's Hospital, Atlanta, GA

For more information on the winners and their accomplishments, visit:

www.aacn.nche.edu/ELNEC/ELNECAward.htm



ELNEC International

Carol Long brought the ELNEC curriculum to nurses in Colombia through the XVI Coloquio Nacional de Investigacion en Enfermeria. Her presentation, "Perspectives in End-of-Life Care" was translated into Spanish for 250 participants, including representatives from two hospice-type facilities. For

more information about translating the ELNEC curriculum abroad, contact Carol at carolong@cox.net or by phone at 480-893-3685.

Grant Opportunity Alert

A one-time, \$4,700 grant for research focusing on end-of-life or palliative care outcomes in critical care is available from the American Association of Critical-Care Nurses. Special consideration will be given to projects that focus on implementation of palliative care in the critical care unit. Proposals are due Feb. 15, 2004.

To obtain an application and handbook about writing a successful grant, go to:

<https://www.aacn.org/AACN/research.nsf/vwdoc/grantSupport>



Lessons Learned:

Planning Your First Course

based on article by Harmony Hines
Midland Hospice (Topeka, KS)

- Plan at least six months in advance.
- Designate one person responsible for the overall program.
- Involve the entire organization to share resources and develop an interdisciplinary presentation.
- Advertise your conference. Remember to clarify purpose and content in flyers and brochures.
- Begin with a bang. Midland Hospice presented the opening module through role play, with Executive Director Karen Weichert reading obituaries from a rocking chair while dressed as an elderly woman.
- Spread out interactive courses to avoid an entire day of lectures.
- Budget for food. You won't regret it.

Innovative Outreach

Using video and Web technology, ELNEC trainers at the University of Texas Medical Branch (UTMB) brought the ELNEC curriculum to approximately 500 nursing and social work staff. Over 100 participants, including nurses and social workers at the Texas Department of Criminal Justice and hospitals in north and south-central Texas, were reached as part of a video-databasing pilot project conducted by the UTMB Telehealth Center and the PBS station in Dallas.

A research project is underway to analyze pre-test and post-test data completed by training participants to evaluate changes in learner outcomes for each ELNEC module presented. For more information on this project, contact M. Kay Sandor at ksandor@utmb.edu.

ELNEC Trainer Roundup

Here is a snapshot of what some trainers have been doing since their ELNEC participation. **Please send updates on your ELNEC activities, including pictures of your training activities, to Pam Malloy at pmalloy@aacn.nche.edu by December 14, 2003 for the winter issue.**

Sheila Decker, Sheila-decker@uiowa.edu
University of Iowa, Iowa City

Sheila has already implemented the Graduate ELNEC training materials into an upper-level nurse practitioner course at her school. In addition, she and others are working on an interdisciplinary practicum on end-of-life care to be piloted at the VA in Iowa City. Represented disciplines include nursing, health policy, social work, and health.

Helen Emmott, Emmott007@aol.com
Midwest Bioethics Center, Kansas City, KS

Helen taught a continuing education course at Johnson Community College in Shawnee Mission, during the evening titled "Give Me Your Tired, Your Poor: Ethics and Cultural Competency." She incorporated her ELNEC training into this course, which 100 nurses attended.

Dina Faucher,

Dina.Faucher@bannerhealth.com
Banner Desert Medical Center, Mesa, AZ

Dina worked on a committee that developed the hospital Web site on care at the end of life, which included the ELNEC and TNEEL educational modules among others. Every Adult Acute Care RN/LPN must complete a Self-Learning Module on the Web site as part of their annual competency review.

Joan Garity, Joan.Garity@umb.edu
University of Massachusetts, Boston

Joan incorporates ELNEC training materials into her undergraduate ethics, legal and health policy issues course for 35 students.

Jane Geraghty-Witz, JaneG@VNSNY.org
Visiting Nurse Service of NY Hospice Care (VNSNY), Belford, NY

One June 4, Jane presented on grief, loss and bereavement to 30 nurses who attended two days of ELNEC training at Mount Sinai Hospital in New York. In addition, Jane, as Manager of Hospice Education, will teach one of the ELNEC modules to hospice staff at the VNSNY as a monthly in-service.

Karen Kavanaugh, karenk@uic.edu
University of Illinois at Chicago

Karen and ELNEC trainer Mary Beth Buschmann developed a two-semester nursing elective course on palliative and end-of-life care for senior undergraduate and graduate students, which is based on the ELNEC curriculum and was offered for the first time this fall. Approximately one-half of the senior undergraduate nursing students (35) registered for this course in advance.



Elisabeth Kubler-Ross/Facing Death

Barb Kemerer,

Barbkemerer1@aol.com
Shepherd College, Shepherdstown, WV

Barb incorporated experiential exercises with students in her gerontology course, including "A Lifeline", "Plan your own funeral", and "If I had six months to live". Students prepare their answers and

then share with the group. These exercises improve the students' abilities to communicate and openly discuss difficult subjects.

Robin Lang, LANGGANG@msn.com
Gaston Memorial Hospital, Gastonia, NC

Robin has completed the first ELNEC training at her hospital. The participants have spread positive comments throughout the unit, which has stirred excitement among those signed up for future class dates.

Remedios A. Solarte, rasolarte@wideopenwest.com
Philippine Nurses Association of America, Troy, MI

Despite the major blackout in August, the Philippine Nurses Association of America hosted the Summer Institute on End-of-Life Care with little interruption.

Ellen Van Arsdale, ellen.vanarsdale@wmich.edu
Western Michigan University, Kalamazoo, MI

As the wife of a pastor, Ellen helps educate people outside of the nursing school about hospice and palliative care using information from the ELNEC curricula

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Trainer Roundup, cont'd

lum. "I guess what it really comes down to is that we are nurses 24/7, and we must be willing to share our knowledge and expertise on a 24/7 basis and do that willingly and with compassion," she writes.

Bonnie Walsh, bonniewalsh47@yahoo.com
United Hospice of Rockland, New City, NY

Bonnie is helping organize a group of palliative care resource nurses for her hospice so that nurses from each unit of the hospital will have a working knowledge of end-of-life and hospice and palliative care. These nurses will then recommend which patients qualify for palliative care. Forty nurses signed up for this training.

Elizabeth J. White, Elizabeth.White@med.va.gov
Puget Sound Health Care System, Seattle, WA

Since the ELNEC curriculum was introduced to the Puget Sound Health Care System in February 2003, 95 staff members have been trained in end-of-life care, including nurses, nurse's aides, clergy, nurse practitioners, and social workers. The ELNEC course in September featured presentations from the chaplain, psychiatric nurses and social workers that are part of the palliative care service team.

Laura Williams, LWilliams@sjha.org
St. Joseph's Hospital, Atlanta, GA
Laura would like to offer more information for the

social workers and clergy that participate in her teleconferences on end-of-life care. If you have developed materials tailored to social workers, clergy, unit secretaries, or nursing assistants, please share your ideas with Laura and the ELNEC Project Office at pmalloy@aacn.nche.edu.

Gwen Wyatt, gwyatt@msu.edu

Michigan State University, East Lansing

After attending the Graduate ELNEC course, Gwen began redesigning her undergraduate course to include ELNEC materials, including several clips from *In the Gloom*. To test the students at mid-term, she asked them to share an end-of-life experience and reports that the student responses were outstanding. "I have never been so impressed with how sensitive and caring our students are as when we teach them in a way that reaches out to them," writes Gwen.

Linda Wynsma, LWynsma@CHW.edu

California Hospital Med Center, Long Beach, CA

Linda planned an ELNEC course in California that took place September 5-7, 2003. While most of the 66 participants were nurses, 14 chaplains and 10 social workers attended the training. In an emotional moment, the facilitator that led discussion around *Caring for Mo* revealed that he had worked with Mo and saw the video for the first time with training participants.

Resources



E. Kubler-Ross

Facing Death

This new documentary celebrates the life and work of Elisabeth Kubler-Ross, author of the classic book *On Death and Dying* and trailblazer in the field of end-of-life care. Director Stefan Haupt tells her story through a series of interviews with her sisters, friends and colleagues and includes

archival information and commentary. Two versions of the video are available; one 57 minutes and the other 98 minutes. For more information or to order a copy, visit <http://frif.com/new2003/death.html>.

Sale of ELNEC Materials

ELNEC Trainers may purchase the Undergraduate and/or Pediatric ELNEC syllabus and CD. If interested in receiving an order form, contact Monica Atchison at matchison@coh.org. Cost is \$300 (includes S&H).

ELNEC Online

Look for the following information and resources that have been updated or added to our Web site:

ELNEC Featured in Nursing Journals

www.aacn.nche.edu/ELNEC/ELNECSeries.htm

Publication information on a series of 10 articles about the ELNEC modules.

New Trainer Directory Available

www.aacn.nche.edu/ELNEC/ELNECPediatric.htm

New ELNEC Pediatric Palliative Care page includes a pediatric trainer directory and videos information.

Graduate Course Application Now Available

www.aacn.nche.edu/ELNEC/GraduateELNEC.htm

Applications for the June 2004 course are due March 10, 2004