

Winter 2003

E·L·N·E·C Connections

End-of-Life Nursing Education Consortium

Welcome to our Winter 2003 Issue!

The End-of-Life Nursing Education Consortium is pleased to bring you *ELNEC Connections*, a quarterly newsletter designed primarily for ELNEC Trainers to showcase efforts in end-of-life care education, spotlight project developments, and share resources that are useful to your own education and the education you provide. ELNEC is a national education program to improve end-of-life care by nurses, and is funded by a major grant from The Robert Wood Johnson Foundation. ELNEC is administered through a partnership between the American Association of Colleges of Nursing and the City of Hope National Medical Center.

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ELNEC Makes a Difference

New data show that the ELNEC training initiative is having an impact on end-of-life nursing education nationwide. According to the data, nurse educators who received ELNEC training shared their new expertise with over 16,000 nursing students and/or clinicians, which greatly magnifies the reach of this project. Evaluations also show a greater emphasis on palliative care in nursing education programs and a stronger commitment to this subject matter by nurse educators.

Findings are based on 12-month evaluations from 203 of 214 participants (95% response rate) who attended the first two ELNEC training sessions for undergraduate faculty in 2001.

The ELNEC project has had a significantly greater impact on nursing education since 10 additional courses have been offered and over 1,000 nurse educators have now received ELNEC training. **Over the next few years, project leaders estimate that ELNEC-trained educators will touch the lives of 6 million patients and their families facing the end of life.** For more information, see ELNEC Milestones (page 2).

Revised ELNEC CD Coming in March!

We are pleased to announce that ELNEC trainers will receive a revised CD of the ELNEC curriculum by March 1, 2003. This CD will have all the latest revisions, including changes

made for the "Use of ELNEC Materials" and "Copyright Permission". Please be sure that before you use any of the ELNEC materials and resources, that you review these changes. The revised guidelines for use of ELNEC are online at www.aacn.nche.edu/ELNEC.



ELNEC Trainer Receives Writing Award from the *Journal of Gerontological Nursing*

ELNEC trainer Sarah Forbes, PhD, RN, associate professor at the University of Kansas School of Nursing, received the Edna Stilwell Writing Award for her article "This is Heaven's Waiting Room: End of Life in One Nursing Home," which was published in the November 2001 issue of the *Journal of Gerontological Nursing*.

This award was established by SLACK Incorporated, publisher of the journal, in recognition of the contribution of Edna M. Stilwell, PhD, RN, C, as Editor Emerita and editor of the journal from 1974 to 1997. The purpose of the award is to continue Edna's tradition of mentoring and recognizing authors in the field of gerontological nursing. The award includes a plaque and a cash prize that was presented to Sarah at the Annual Board Meeting of the *Journal of Gerontological Nursing* on November 25.



Sarah Forbes



ELNEC Course News

ELNEC Online

Look for the following information and resources that have been added to our website:

American Journal of Nursing Palliative Care Series

www.aacn.nche.edu/ELNEC/ajn.htm

Links to the Continuing Education Tests are now available with the articles.

Guidelines for the Use of ELNEC Materials

www.aacn.nche.edu/ELNEC/ELNECUSE.PDF

Revised guidelines on the use of ELNEC materials are online.

City of Hope Pain/Palliative Care Resource Center

<http://prc.coh.org>

ELNEC Milestones

(continued from page 1)

ELNEC is having a significant impact on nursing education across the United States according to new data that examined the project's preliminary outcomes.

Did You Know...

- Nurse educators from all 50 states have attended ELNEC training.
- Trainers gave 13,827 individual students an ELNEC education.
- Beyond impacting undergraduate programs, over 43 percent of ELNEC trainers reported using the curriculum to teach an additional 2,585 nurses, including graduate students, nurses in clinical settings, and nurses attending continuing education programs.
- Participants reported that end-of-life subject matter has been enhanced within their institution's curriculum. On average, 10.35 hours of instructional time has been added or modified using ELNEC content.
- 85 percent of ELNEC trainers added new clinical sites to their education programs, including hospices, long-term care facilities, and other settings focused on end-of-life care, to strengthen student learning.
- Demonstrating a deeper commitment to palliative care, 61 percent of program participants attended additional educational programs on palliative care following their initial ELNEC training.

These data reflect only the evaluations from the first two training cohorts.



Pediatric ELNEC

Our pediatric consultants are making great strides with the Pediatric Palliative Care version of ELNEC and the draft curriculum should be ready by February for peer review. Please start spreading the word that this training

will take place on August 14 -16, 2003 in Pasadena, CA. Applications will be on-line soon, and space will be limited to 125 participants. Interest seems high as we have already received multiple calls and e-mails regarding this program, so we encourage early registration!

New Pediatric Resource

The Institute of Medicine has released a new report titled *When Children Die: Improving Palliative and End-of-Life Care for Children and Their Families*, edited by Marilyn J. Field and Richard E. Behrman. You can access this publication online at:
www.nap.edu/books/0309084377/html/index.html.

Graduate ELNEC

Just a reminder that your colleagues who teach in graduate nursing school programs are eligible for the Graduate ELNEC course scheduled for June 19-21, 2003 in Pasadena. The opportunity to have one of your own colleagues attend this training can enhance the integration and implementation of the ELNEC program throughout your school of nursing.



Contact Us

Remember that we are here to serve you. If you have any questions or comments about how we can better assist you, please call us at (202) 463-6930 or e-mail nbrown@aacn.nche.edu.

ELNEC Trainer Roundup

Here is a snapshot of what some trainers have been doing since their ELNEC participation. **Please send updates on your ELNEC activities including your picture or pictures of your training sessions to Kimberly Allen at kallen@aacn.nche.edu by March 14, 2002 for the Spring issue.**

MaryBeth Buschmann, Marybeth@uic.edu
College of Nursing/ University of Illinois at Chicago

In November, MaryBeth presented end-of-life issues to 30 seventh and eighth grade members of her church, where she is a parish nurse. She also presented ELNEC modules on culture and nursing care to a total of 32 participants at an NGNA conference in October.

Rosemarie Hertting, RHertting@SBHCS.com
Monmouth Medical Center, Long Branch, NJ
Patricia Kelley, PKelley@SBHCS.com
Saint Barnabas Hospice and Palliative Care Center, NJ

Rosemarie, Patricia, and Betty Ditillo presented an ELNEC training to over 70 nurses at the Saint Barnabas Health Care System in Livingston, NJ. They used some interactive exercises and a movie clip from "In the Gloaming" as part of the presentation on Communications. They plan to repeat the program for the healthcare system in the Spring and Fall.

Barbara Kuper, BKuper@lsuhsc.edu
Louisiana State University Health Sciences Center

Barb presented a 2.5 hour class to a local hospice staff titled "Grief & Bereavement: Open the Windows" in October. In November, she presented a five contact hour program at a local hospital for RNs and pastoral care counselors on grief, loss and bereavement, and ethical/legal issues at the end-of-life.

Barbara has also developed an end-of-life issues elective that includes many ELNEC resources to be taught to nursing students, which will also be open to students in Allied Health.

Dawn Seery, Dawn.Seery@MHShealth.com
Methodist Healthcare System, San Antonio, TX

Dawn has scheduled ELNEC training opportunities based around the hospital's staffing needs. She divided the ELNEC content into four-hour sessions and has completed 25 sessions for a total of 300 staff nurses. The ELNEC experience of staff nurses has been overwhelmingly positive with nurses commenting on the importance of the content, the applicability of this course to their personal experiences, and how ELNEC helped them deal with family concerns.

Dawn is also coordinating a system-wide palliative care project and has integrated the ELNEC content into the core training for the nursing units involved in the palliative care pilot project due to start this January.

Trainer Spotlight: First Annual Excellence in ELNEC Award Presented in Florida Faculty Recognized for Innovative Implementation of ELNEC Curriculum

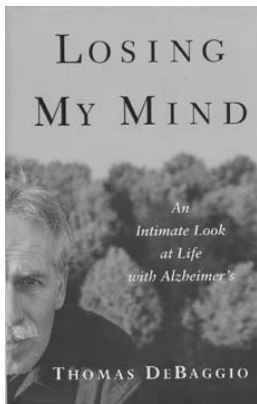


(Top) Ann McGinly accepts the first annual Excellence in ELNEC Award from AACN President Dr. Kathleen Ann Long on behalf of Kathleen Czekanski, Thomas Jefferson University (PA).



Sandra Walsh, University of Miami (Left) and Shirley Woolf, Indiana University (Top) accept the first annual excellence in ELNEC award from Dr. Long as Anne Rhome looks on at AACN's Baccalaureate Education Conference in Lake Buena Vista, FL in November.

Resources You Can Use



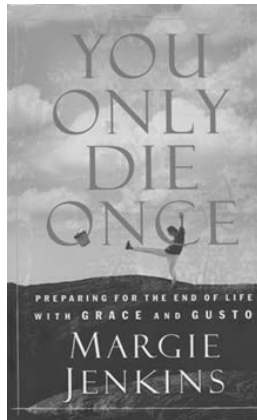
Losing My Mind

In this powerful memoir, veteran reporter Tom DeBaggio tells the story of his life after being diagnosed with Alzheimer's in 1999. He takes the reader with him on his mission to remember and his personal journey to recognize the importance of memory in our lives and how this chronic disease affects the quality of life for himself and his family. Order online or at major bookstores.

“Am I anything without my memory?”

You Only Die Once

Margie Jenkins has written this book about ‘preparing for the end of life with grace and gusto’ to help you or someone you are assisting prepare for the end of life. Among other issues, Margie discusses how to anticipate long-term care options and update and organize your vital papers for easy access. Sample forms are included. This book is a good resource for all families regardless of their current health status. Available online and at major bookstores.



Advanced Practice

Nursing: Pioneering Practices in Palliative Care Now Available

This monograph, published by Promoting Excellence in End-of-Life Care, is a new publication highlighting models of palliative care in advance practice nursing such as at Detroit Receiving Hospital (DRH). This facility provides palliative care at an urban tertiary care center. Other models illustrated include a program at an acute care teaching hospital, an urban research cancer center, a large inner-city hospital, a university-affiliated geriatric practice, and many more. The monograph also looks at the training of advance care nurses. The two programs described as “firsts” in the profession -- a graduate program to prepare clinical nurse specialists in palliative care and a palliative care nurse practitioner program teach students how to provide comprehensive care to those at the end of life.

To download a copy of the monograph, go to: www.promotingexcellence.org/apn.

Planning, Funding, and Sustaining a Hospital-Based Palliative Care Program: Tools and Strategies for Success

This comprehensive seminar is intended for healthcare managers, physicians, nurses, administrators, institutional teams, and others responsible for the planning and implementation of hospital or health system-based palliative care programs. Seminar highlights include: Creating Compelling Business and Financial Plans, Funding Palliative Care Programs, and Hospital-Hospice Partnerships.

The seminar will be held at the Philadelphia Marriot, next to the Convention Center February 27 to March 2, 2003. The event is sponsored by The Center to Advance Palliative Care, The Hospital and Healthsystem Association of Pennsylvania, and The Pennsylvania Hospice Network. For more information, call the CAPC Events Line at (212) 201-2680, e-mail barbara.mastroddi@mssm.edu, or visit the CAPC website at www.capc.org.

Like Rembrandt Draperies: A Portrait of Cathy Tingle

This moving documentary tells the story of Cathy Tingle, a woman who lived with serious cancer for ten years. The film provides a catalyst for the discussion of important issues including: Living with cancer, relationships between patients and providers, alternative therapies and lifestyles, the meaning of dying, and rituals around death. For more information, contact Lisa Kaplan (Producer) at (859) 225-4466 or info@lifeworksvideo.com.

Long Goodbye: The Deaths of Nancy Cruzan

After five years of working with doctors to rouse their daughter from an artificially-supported coma, the Cruzan family fought all the way to the Supreme Court to end Nancy's vegetative state and let her die. In this book, the family's lawyer, William Colby, recounts the emotional and legal battles of the Cruzan family in the only “right to die” case ever heard by the U.S. Supreme Court, showing the importance of discussing and declaring end-of-life treatment preferences early. Available online at websites like amazon.com and at major bookstores. Hardcover only.

Latest in the AJN Series

The *American Journal of Nursing* (AJN), the official journal of the American Nurses Association, continues its bimonthly continuing education series on palliative nursing care. The latest article in the series, “Ethical Concerns in End-of-Life Care” by Colleen Scanlon, JD, MS, RN is available on the AACN Web site at

<http://www.aacn.nche.edu/ELNEC/ajn.htm> or the AJN site at <http://www.ajnonline.com>.