

# E·L·N·E·C Connections

## End-of-Life Nursing Education Consortium

### Welcome to the Fall 2004 Issue!

The End-of-Life Nursing Education Consortium is pleased to bring you the Fall 2004 issue of *ELNEC Connections*, a quarterly newsletter to showcase efforts in end-of-life nursing education. This newsletter spotlights project developments and provides resources that may be useful to you as an ELNEC trainer. ELNEC is a national education program to improve end-of-life care by nurses and is funded by a major grant from the Robert Wood Johnson Foundation and support from the National Cancer Institute (NCI). ELNEC is administered through a partnership between the American Association of Colleges of Nursing (AACN) and the City of Hope National Medical Center (COH).

### Oncology Nurses Attend Second ELNEC Course With Record-Breaking Attendance

Seventy members of the Oncology Nursing Society (ONS) attended the second ELNEC Oncology course, held September 15-17, 2004 in Pasadena, CA. These members represented 39 various ONS chapters from around the country.

The first ELNEC Oncology course took place in February 2004.

### Second ELNEC Pediatric Palliative Care Training Program Attracts 90 Nurses

On August 11-13, 2004, ninety pediatric nurses met in Pasadena, CA to participate in the second ELNEC Pediatric Palliative Care Training Program (ELNEC-PPC). In August 2003, one-hundred nurses attended this same course. All total, 190 pediatric nurses, representing 44 states and the District of Columbia have returned from these two courses and will use the training to improve end-of-life care for children and their families. The nurses who attended the course came from a wide-variety of clinical settings such as neonatal ICU's, children's hospices/palliative care center, community service organizations, national nursing organizations, home health care, large inner-city children's hospitals, and universities.



Standing in front of the "Wall of Hearts" at the 2nd national ELNEC PPC Course are new trainers Sally Sheffield, Anne Moore, Josette Basset.

A third ELNEC-PPC is being planned for August 3-5, 2005. Please check the ELNEC Web site for further information and registration form: [www.aacn.nche.edu/ELNEC/PedsRegistrationFrom05.doc](http://www.aacn.nche.edu/ELNEC/PedsRegistrationFrom05.doc). In addition, for a complete listing of ELNEC PPC trainers, visit [www.aacn.nche.edu/ELNEC/PediatricTrainers.htm](http://www.aacn.nche.edu/ELNEC/PediatricTrainers.htm)

Between both courses, a total of 73 out of 204 ONS chapters, representing 38 states and the District of Columbia, have ELNEC Oncology trainers. This course is designed to improve end-of-life care for cancer patients and their families through a national network of oncology nurses belonging to ONS chapters. Staff nurses, nurse practitioners, clinical nurse specialists, case managers, administrators and university nursing faculty attended this two and a half day course.

This course was made possible through a generous grant from the National Cancer Institute to the City of Hope Cancer Center. This oncology training project builds on the core ELNEC, which the Robert Wood Johnson Foundation funds. ONS and the American Association of Colleges of Nursing also support this project.

A third ELNEC Oncology course will be held September 14-16, 2005 in Pasadena, CA. If you are interested in attending this course, contact your local ONS chapter president for an application.

For further information, please go to [www.aacn.nche.edu/ELNEC](http://www.aacn.nche.edu/ELNEC).

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### 4 ELNEC Courses Planned for 2005

<b>ELNEC-Core Course</b> March 9-11, 2005 Long Beach, CA	<b>ELNEC-Pediatric Palliative Care Course</b> August 3-5, 2005 Pasadena, CA
<b>ELNEC-Graduate Course</b> June 15-17, 2005 Pasadena, CA	<b>ELNEC-Oncology Course</b> September 14-16, 2005 Pasadena, CA

# ELNEC Graduate

## CONGRATULATIONS! Five Graduate Faculty Are Announced as Award Winners

In June 2003, sixty graduate faculty members attended the very first ELNEC Graduate program. In June 2004, these faculty members turned in the final update of their one-year goals. Outstanding and creative work was developed on sixty various graduate nursing campuses across the United States. Though quite competitive, there were five participants from the 2003 course who will be honored and awarded certificates at the February 2005 AACN Master's Education Conference in San Diego, CA.

The 2003 ELNEC Graduate Award Winners are:

### Trainer Receives HRSA Grant

Barbara Edlund learned in July that she will receive a Palliative Care Grant from HRSA, Division of Nursing. Barbara teaches at the Medical University of South Carolina, College of Nursing. [edlundb@muscc.edu](mailto:edlundb@muscc.edu)

### Trainer Developing A New MSN Track

At Dominican University of California, Barbara Ganley is working on developing a new MSN track that will graduate advance practice nurses with a clinical specialty in geriatric nursing and who will also possess the competencies to integrate this role with that of nurse educator. This program is being designed using guidelines of the American Association of Colleges of Nursing and the Hartford Geriatric Nursing Initiative, the Council on Collegiate Education for Nursing Educator Competencies, ELNEC, and the California Board of Registered Nursing requirements for certification as a Clinical Nurse Specialist. [barbaraganley@yahoo.com](mailto:barbaraganley@yahoo.com)

### Using ELNEC in Different Venues

Joan Garity, Professor at University of Massachusetts-Boston, has been busy using ELNEC in a variety of ways. For example, she included the ELNEC curriculum, particularly the case studies on pain management and communication, in an undergraduate Ethics, Legal and Health Policy course. Joan also presented ELNEC to nurses in a local nursing home and in a rehabilitation center. [Joan.Garity@umb.edu](mailto:Joan.Garity@umb.edu)



- Deborah Dunn, Madonna University, Livonia, MI
- Veronica Engle, University of Tennessee Health Science Center, Memphis, TN
- Lucille Gambardella, Wesley College, Dover, DE
- Marjorie Schaffer, Bethel College, St. Paul, MN
- James Pace, Vanderbilt University, Nashville, TN

For more information regarding ways these participants implemented the ELNEC curriculum, please visit [www.aacn.nche.edu/ELNEC/GradAwardWinners03.pdf](http://www.aacn.nche.edu/ELNEC/GradAwardWinners03.pdf).

### Two ELNEC Graduates Develop an Elective in Palliative Care at Duke University

Jennifer Gentry and Cristina Hendrix, both participants in the ELNEC-Graduate '04 course, have developed an elective in Palliative Care for the graduate nursing students at Duke. They will be presenting this to the curriculum committee in October, 2004. They will also be meeting with representatives from the School of Medicine and Duke's Institute at the End-of-Life for potential collaboration across disciplines. [hendr024@mc.duke.edu](mailto:hendr024@mc.duke.edu)



### A Unique Teaching Exercise

Roberta Kaplow, Clinical Professor at Nell Hodgson Woodruff School of Nursing at Emory University, is incorporating a great deal of the ELNEC content into her oncology/immunology MSN program. She shares that her greatest success story was the use of a professional actress to teach oncology nurse practitioner students how to break bad news. Roberta also presented some tips for success on breaking bad news. The following week, each student individually had to deliver bad news. The students initially could not understand why they needed to do this exercise, but had a new found appreciation for it once it was over. [rkaplow@emory.edu](mailto:rkaplow@emory.edu)

### Creative EOL Clinical Settings

At the University of New Mexico College of Nursing in Albuquerque, NM, Susan Fox has been busy not only teaching ELNEC, but also expanding and organizing clinical/field experiences. Some of her graduate students followed hospice nurses and physicians doing home visits. Some chose to visit the Office of the Medical Examiner, while others visited mortuaries. Once these visits were completed, the students returned to the classroom to present their objectives and experiences. [SFox@salud.unm.edu](mailto:SFox@salud.unm.edu)

# ELNEC Training News

## Five ELNEC-Pediatric Palliative Care Trainers Team-Up to Teach Course in Eugene, OR

Nancy Diane Mannelli Brewer, an RN at the Hospice of Sacred Heart and coordinator of the Pediatric Palliative Care project, coordinated and taught a 3-day ELNEC-Pediatric Palliative Care (PPC) course with the assistance of four other trainers from the August 2003 PPC course. This work is an excellent example of collaboration and “pooling the resources.” Other ELNEC PPC trainers that assisted Nancy Diane were Kathy Perko, Helen Turner, Kathleen Sims, and Linda Covert. Fifteen participants completed this course, representing nurses from hospice, home infusion centers, and a faculty instructor from a local nursing program. Volunteers and pastoral caregivers also attended the 3-day conference which was held one Saturday a month, over a 3-month time frame.

On day 3, a session entitled “Speaking from the Heart” was held. This was a panel of parents who spoke about their children at the end of life. The participants felt strongly that the parent panel was extremely valuable. A video entitled, “Some Babies Die,” took the viewer on a journey of the grief of stillbirth and neonatal death and the unique counseling process utilized for mothers and families. Contact Nancy Diane for further information on this course at [nmanellibrewer@peacehealth.org](mailto:nmanellibrewer@peacehealth.org).



Parents “Speaking from the Heart” about caring for terminally ill children. Helen and Kevin Reilly, Joan and Pete Kerns (L-R).

## When a Child is Dying: New Video Release for Pediatric Nurses

This video, produced by Erika Rothman, Licensed Clinical Social Worker, and Beth Seyda, mother and ethics committee member, takes us through the lives of four children ranging from newborn through 18 years old who died after intense medical treatment failed. For more information, contact Compassionate Passages, Inc., P.O. Box 1368, Chapel Hill, NC 27514-1368 or call 919-969-9512. [www.compassionatepassages.org](http://www.compassionatepassages.org)

## Pediatric Palliative Care Featured on NPR: Listen to the Story!

In August, 2004, National Public Radio (NPR) aired an eight-minute story about the issues faced by families facing the life-threatening illness or death of a child, and the innovative approach taken by the Initiative for Pediatric Palliative Care (IPPC) to educate health care professionals to become more knowledgeable and compassionate in pediatric palliative care practice. You can listen to this story, narrated by journalist Rachel Gotbaum by going to [www.publicbroadcasting.net/wbur/news.newsmain?action=article&ARTICLE\\_ID=675166](http://www.publicbroadcasting.net/wbur/news.newsmain?action=article&ARTICLE_ID=675166) (FYI: You will need Real Player software to listen to the story. Download the free version at [www.realplayer.com](http://www.realplayer.com).)



Don't forget - if you change your e-mail address, notify the ELNEC Project Office so we can keep you updated on the latest ELNEC news. [nbrown@aacn.nche.edu](mailto:nbrown@aacn.nche.edu)

For a complete list of upcoming trainings, check the ELNEC Web site at: [www.aacn.nche.edu/ELNEC](http://www.aacn.nche.edu/ELNEC)

## Twelfth Annual Hospice Foundation of America Teleconference

**LIVING WITH GRIEF:  
ETHICAL DILEMMAS AT THE END OF LIFE**

**Wednesday, April 20, 2005**

**1:30 pm-4:00 pm EDT**

**Moderated by Cokie Roberts**

This teleconference will examine issues regarding the social perspectives of medical ethics and how various health care settings may influence ethical decisions in hospitals, nursing homes and hospices. A distinguished panel of ethicists, educators, gerontologists and hospice experts will define, differentiate and demonstrate the interrelationships between values, ethics and law in health care settings, and examine how cultural differences may influence ethical choices. For details see [www.hospicefoundation.org](http://www.hospicefoundation.org) or call 800-854-3402.



## ELNEC Trainer Roundup

Here is a synopsis of what some trainers have been doing since their ELNEC participation. **Please send updates on your ELNEC activities, including pictures of your training activities, to the Project Office at [pmalloy@aacn.nche.edu](mailto:pmalloy@aacn.nche.edu) by December 14, 2004 for the winter issue.**

**Laura Williams, [LWilliams@sjha.org](mailto:LWilliams@sjha.org)**

*Saint Joseph's Health System, Inc., Duluth, GA*

Laura has taught several different ELNEC modules at various conferences. She has spoken at the North Georgia Critical Care Nurses Association and will be teaching communication from the ELNEC curriculum at the Georgia Nurses Convention pre-workshop. She will also be teaching pain management to oncology nurses in Huntsville, AL.

**Zina Simmons, [simmonszina@aol.com](mailto:simmonszina@aol.com)**

*Chicago, IL*

"The desire for education on end-of-life education and information was much greater than expected..." that was the lesson Zina learned after teaching an ELNEC training program for a group of African-American nurses. The staff nurses and nursing educators that attended stated that they need and want to spread the information they received from the ELNEC training. Zina also presented at the National Black Nurses Association Convention in August 2004 on the preliminary results of a survey which was given to African American nurses on end-of-life care.

**Mary Ellen Wurzbach, [Wurzbacm@vaxa.cis.uwosh.edu](mailto:Wurzbacm@vaxa.cis.uwosh.edu)**

*TRISS Endowed Professor, Oshkosh, WI*

Mary Ellen has developed and taught an online course across the state of Wisconsin to Collaborative Nursing Students (RN returning to school at one of the universities in the state of Wisconsin system). Her class has recently received a regional award (the Midwest) from Sigma Theta Tau International in the area of Professional Education Technology. She is also in the process of developing a Graduate elective for Nurse Practitioner students. If anyone would like to enter the course as a guest and see the structure of it, please notify Mary Ellen at the above-mentioned e-mail address.

**Sherri Branski, [sbranski@wakemed.org](mailto:sbranski@wakemed.org)**

*WakeMed, Raleigh, NC*

For nine weeks, nurses, social workers, chaplains and child life specialists at WakeMed have been attending a series of classes to become ELNEC trainers. Thirty-two WakeMed nurses and other healthcare professionals completed the ELNEC training. Not only did Sherri present in these continuing education programs, but Miriam Rogers and Elaine Youngman also served as faculty.

**Sandy Olsen, [OlsenC@CHW.edu](mailto:OlsenC@CHW.edu)**

*California Hospital Medical Center, Los Angeles, CA*

Sandy wrote the following: "During the spring series of ELNEC classes, we were caring for a nurse of our own in the hospital who had terminal cancer. The staff learned and grew from the class and the experience. Some of the staff came to us after the class and told us how much it meant to them to learn a better way of caring for their "friend and colleague." We had shown the "Caring for Mo" video, but they had personalized it to take back to the unit. Practical application at its best!"

**Jeanne Maiden, [jmaiden@ucsd.edu](mailto:jmaiden@ucsd.edu)**

*University of California San Diego, San Diego, CA*

Jeanne has incorporated the ELNEC content into a city-wide Critical Care Nursing training program. The local hospitals have joined together to sponsor the program to train nurses new in Critical Care.

**Janet Mahoney, [jmahoney@monmouth.edu](mailto:jmahoney@monmouth.edu)**

*Monmouth University, West Long Branch, NJ*

Janet is teaming-up with 2 other ELNEC trainers, Diane Meehan and Sharon Stark (Grad), to present an ELNEC program for the nursing community on December 3, 2004.

**Cindy Balkstra, [BalkstraC@sichs.org](mailto:BalkstraC@sichs.org)**

*St. Joseph's/Candler, Savannah, GA*

Cindy is in the process of preparing eight nursing assistants on two med-surg units for the end-of-life certification exam offered by the Hospice and Palliative Care Nurses Association. "This group of health care workers do not often receive the attention that they deserve. This is a way to reward them with knowledge and in the end, our patients and institution will benefit as well," stated Cindy.



Nurses at WakeMed in Raleigh, NC who completed an ELNEC course.

# Inspiration, News & Resources

## 2004 NBCHPN® Employer Recognition

The National Board for Certification of Hospice and Palliative Nurses (NBCHPN®) will be recognizing 21 additional agencies at their 4<sup>th</sup> annual Certification Recognition Program. NBCHPN® employer recognition began with the Certification Recognition Program in 2002, when 50 agencies were acknowledged. The complete listing of 126 agencies recognized through this self-reporting process is available on the NBCHPN® Web site, [www.nbchpn.org](http://www.nbchpn.org) under the “Employer Support” section.

## “Waltzing the Reaper:” A One-Woman Play

Judith Gantly performs this play which concerns a once-vital, still witty woman, Vera, who has been resuscitated despite her Living Will. Now she must depend on a relative she never liked to get her out of the hospital and home where she can make peace with her family and die with dignity. For more information, contact Judith at [judithann13@earthlink.net](mailto:judithann13@earthlink.net), 908-687-6494 or [www.judithgantly.com](http://www.judithgantly.com).

## New Booklet to Help Chinese Families Better Understand Options for Care at the End of Life

Sacramento Healthcare Decisions is pleased to announce the publication of *Mrs. Lee's Story: Medical Decisions Near the End of Life*. This book was developed as the result of a recent study conducted by the California Coalition for Compassionate Care. The study revealed that many Chinese families facing difficult medical decisions at the end of life believe that their choices are limited to only two options: aggressive life-sustaining measures or “giving up.” Participants cited the lack of information available in Chinese on end-of-life care as a major reason for their confusion. For more information, contact Kathy Glasmire, Sacramento Healthcare Decisions at 916-851-2828 or [kathy.shd@quiknet.com](mailto:kathy.shd@quiknet.com).

## A Call for Abstracts

The Center for Hospice, Palliative Care, and End-of-Life Studies at the University of South Florida announces a call for abstracts for a conference to be held March 4, 2005 at the Marriott Renaissance in Tampa, FL. The conference, “Quality & Meaning at the End of Life: Practice, Research & Policy,” brings together researchers, clinicians and providers to collaborate on research and practice in end-of-life care. Abstracts due December 3, 2004. For additional information, contact [palliate@hsc.usf.edu](mailto:palliate@hsc.usf.edu) or call 813-974-9128.

## Attention All ELNEC-CORE Participants

If you attended an ELNEC-Core course and would like to have a November 2004 updated ELNEC CD-Rom for \$50 or purchase the complete syllabus for \$300, please notify Monica Atchison at [matchison@coh.org](mailto:matchison@coh.org) for an order form.

## Planning An ELNEC Course? Remember to Notify the Project Office!

ELNEC trainers must notify the ELNEC Project Office at AACN when they are teaching a training or train-the-trainer course. A notification form can be downloaded from the ELNEC Web site, [www.aacn.nche.edu/ELNEC](http://www.aacn.nche.edu/ELNEC). Fill-out the notification form and return it to [pmalloy@aacn.nche.edu](mailto:pmalloy@aacn.nche.edu).

There are many reasons why we want you to notify the Project Office if you are planning the course. One of the important reasons is that it helps us keep track of how many trainers are using and teaching the ELNEC curriculum and second, it allows us to know how many people are being taught.

Last year, according to data from the notification form, we received the following information (August '03 – August '04):

- 51 ELNEC Courses were held (7 pediatric, 3 oncology, 41 core)
  - 37 were ELNEC trainer courses
  - 14 were ELNEC train-the-trainer courses
- 2,555 proposed attendants
- Trainers in the state of Texas held the most courses (8 courses)
- 70% of participants came from acute care settings
- 73% of participants were staff nurses
- 24 (47%) of trainers said this was their first experience in teaching ELNEC



What's next? From September 2004 through November 2004, 21 courses have been arranged through the project office. An estimated 1,050 participants are expected at these courses.