

E·L·N·E·C Connections

Fall 2006

End-of-Life Nursing Education Consortium

Welcome to the Fall 2006 Issue!

The End-of-Life Nursing Education Consortium is pleased to bring you the fall 2006 issue of *ELNEC Connections*, a quarterly newsletter to showcase efforts in end-of-life nursing education. This newsletter spotlights project developments and provides resources that may be useful to you as an ELNEC trainer. ELNEC is a national education program to improve end-of-life care by nurses. The project, which began in February 2000, was funded by a major grant from The Robert Wood Johnson Foundation. Additional funding has been received from the National Cancer Institute, and Aetna, Archstone, and California Healthcare Foundations. ELNEC is administered through a partnership between the American Association of Colleges of Nursing (AACN) and the City of Hope National Medical Center (COH).



ELNEC-Critical Care Course Debuts

Nurses from around the country will be attending the first ELNEC-Critical Care course on November 13-15 in Pasadena, CA. This new curriculum has been written specifically for nurses who work in emergency departments, intensive care, coronary care, burn and dialysis units and other critical care areas. Recent studies have indicated that almost 20% of American deaths occur in a critical care unit or soon after receiving care in an intensive care unit. While attending this course, nurses will review pain and symptom assessment/management strategies; assess a variety of communication methods with patients, their families and members of the interdisciplinary team; review the importance of cultural, ethical, and legal considerations; analyze what excellent care would look like for the final hours of life; and strategize how to achieve quality end-of-life care in their facilities. This content will be reinforced by reviewing case studies, participating in a role play, and networking with faculty and other participants. For more information and to register, go to www.aacn.nche.edu/ELNEC.

Eleven National ELNEC Courses in 2007

A record-breaking number of national ELNEC train-the-trainer programs will be held in 2007. Due to the overwhelming number of attendees at both grant and non-grant funded courses, the ELNEC project is planning eleven courses next year to meet the various needs of nurses who work in a wide variety of clinical settings.

By the end of 2006, eight national ELNEC training programs will have taken place in five different U.S. cities. A list of 3 remaining courses for 2006 and the entire schedule for 2007 are listed below. Also, attached to this newsletter, you will find a flyer that lists all 2007 courses. Please download this flyer and distribute it to your colleagues.

2006 ELNEC Courses

October 12-14: Core, Washington, DC
November 8-9: Oncology, IOL, Pittsburg, PA
November 13-15: Critical Care, Pasadena, CA

2007 ELNEC Courses

January 17-19*: Critical Care, Pasadena, CA
February 1-2: Geriatric, Long Beach, CA (for CA nurses only)
February 21-22: Graduate, Albuquerque, NM
March 7-9*: Core, Pasadena, CA (for CA nurses only)
March 29-31: Pediatric Palliative Care, Washington, DC
April 2-4: Critical Care, Washington, DC
May 22-24: Core, Honolulu, HI
August 1-3: Pediatric Palliative Care, Anaheim, CA
September 12-14: Geriatric, Pasadena, CA
October 17-19: Core, Washington, DC
November 7-9: Course to be Determined, Pasadena, CA

*Registration & materials funded by the Archstone Foundation

ELNEC-Geriatric Course to Premier in California

The first ELNEC-Geriatric course will take place in Long Beach, CA on February 1-2. This course, funded by the California HealthCare Foundation (CHCF), will provide education to nurses currently working in long-term care and skilled nursing facilities, and hospices in California. In addition, CHCF has provided funding for the develop-



ment of the ELNEC-Geriatric curriculum. Each participating facility will send 2 participants. Future ELNEC-Geriatric programs will be scheduled for nurses outside of the state as well. For more information, see

www.aacn.nche.edu/ELNEC

ISSUE HIGHLIGHTS

Graduate Training • Pediatric Training
Oncology Training • Trainer Round-Up
Inspiration, News & Resources

ELNEC-Graduate

78 Graduate Nursing Faculty Attend Final National Cancer Institute-Funded Course

On June 21-23, 2006, 78 graduate nursing faculty from across the U.S. attended the final NCI-funded ELNEC-Graduate training course. Since 2003, 300 nursing faculty, representing 278 (63%) out of 438 graduate nursing programs, have attended one of the four annual courses. Participants have come from every U.S. state, plus the District of Columbia.

Data from the first three cohorts have been astonishing. For example, graduate faculty have reported adding ELNEC content to their curricula, offering ELNEC as an elective, providing ELNEC as an online course, writing and producing a film about death and dying, presenting ELNEC at professional nursing conferences, coordinating statewide ELNEC coalitions to assist in training others in their state, and receiving grants to start graduate palliative care programs. As new advance practice nurses begin their work in acute care facilities, rural clinics, and schools of nursing, they are beginning their careers with the skills to meet the needs of patients and their families experiencing end-of-life issues.

Barbara Ganley, barbaraganley@yahoo.com

Dominican University, San Rafael, CA

As MSN Program Director at Dominican, Barbara has been busy not only writing a grant, but also receiving a grant. Dominican School of Nursing has just received a \$1 million grant from the Betty Moore Foundation. This grant will allow Barbara and her colleagues to create a new Geriatric CNS/Nurse Educator track.



Lucille Gambardella, gambarlu@wesley.edu, *Wesley College, Dover, DE*

Lucille (pictured) was the guest editor for the August/September/October 2006 issue of the *Delaware Nurses Association Reporter*, which is distributed to over 10,000 nurses in the state. This quarterly professional peer-reviewed publication was solely dedicated to palliative care. Three other ELNEC trainers from Wesley College, Robert Contino, Pam Andrade, and Nancy Rubino, assisted Lucille in writing articles for this issue. In addition, statewide nurses involved in palliative care and hospice care and one student who wrote a reflective paper following completion of a palliative care elective at Wesley College School of Nursing submitted articles on this timely topic. Lucille reports that this was an excellent opportunity to raise the awareness of the need for palliative care education across disciplines and educational levels.

Do you teach with undergraduate and/or graduate nursing faculty who need to be ELNEC trained? If so, don't miss this opportunity for them to be trained at the AACN Master's Pre-Conference on February 21-22, 2007 in Albuquerque, NM. Because many nursing faculty teach in both the undergraduate and graduate programs, the ELNEC-Graduate curriculum will be used, but all participants will receive the ELNEC-Core CD-ROM as well. For more information, see www.aacn.nche.edu/ELNEC/07Courses.htm.

ELNEC-Oncology

4th Annual ELNEC-Oncology Training Program Held in Pasadena

The final NCI-funded ELNEC-Oncology course took place on September 13-15, 2006, with 58 participating oncology nurses. Attendees were staff nurses, clinical nurse specialists, nurse practitioners, administrators, and faculty, coming from oncology clinics, large medical centers, small rural hospitals, homecare, and schools of nursing. ELNEC-Oncology, funded by NCI in August 2003, has trained oncology nurses who are members of the Oncology Nursing Society (ONS), to disseminate palliative care education through their local ONS chapter with the intent of improving the care of cancer patients and their families. To date, 264 oncology nurses, representing 141 (64%) out of 222 ONS chapters, have attended ELNEC-Oncology. Data received from the first two ELNEC-Oncology training courses, which represents 140 participants, indicates that collectively, they have taught over 18,000 nurses and other healthcare providers in excellent end-of-life/palliative care.

Laura Urquhart, Laura.M.Urquhart@Hitchcock.ORG

Dartmouth-Hitchcock Medical Center, Lebanon, NH

Laura recently provided an ELNEC-Oncology course at the Cheshire Medical Center. Nurses from intensive care, emergency departments, oncology and hospice settings were in attendance. Due to the overwhelming success, another course will be held at the Dartmouth-Hitchcock Medical Center in the future.

ELNEC-Pediatrics

4th Annual ELNEC-Pediatric Palliative Care Training Program Held

On August 2-4, 2006, 129 pediatric nurses from across the country attended the ELNEC-Pediatric Palliative Care (PPC) train-the-trainer program. This was the second and final ELNEC-PPC course funded by the Aetna Foundation. To date, over 400 pediatric nurses have attended one of the four national ELNEC-PPC training programs. Many ELNEC-PPC trainers have reported outstanding accomplishments after completing their training. For example, some have developed pain and symptom management algorithms, collaborated in beginning pediatric palliative care services, organized bereavement services in the neonatal intensive care unit (NICU), been involved in local/state/national pediatric palliative care issues, etc. Trainers state that they have a better understanding of the needs of children and their families facing end-of-life crises. With that understanding, they are better equipped to provide excellent care.

Deborah Fisher, dfisher445@aol.com

Virginia Commonwealth University Health Systems (VCUHS),
Richmond, VA

Deborah has been busy working to educate her staff and provide a consult service as well. Regarding educational efforts, Deborah has just completed offering the 3rd annual ELNEC-PPC conference at VCUHS. In addition, monthly lectures on palliative care will be offered to all pediatric residents. In July 2006, the first pediatric resident rotated through the pediatric palliative care and pain management consult service. On a yearly basis, Deborah is invited by the school of nursing at Virginia Commonwealth University (VCU) to lecture on pediatric palliative care and pain management for nurse practitioner students. Lastly, in October of 2005, Deborah assisted in starting a pediatric palliative care and pain management consult service. Just recently, VCUHS had its grand opening of the pediatric comfort room and accompanying pediatric palliative care waiting room.



CA ELNEC-PPC Trainers Support AB1745: The Nick Snow Children's Hospice and Palliative Care Act

Under the leadership of ELNEC-PPC trainers Lori Butterworth and Devon Dabbs, co-founders of the Children's Hospice and Palliative Care Coalition, people across the state of California were encouraged to notify their legislators in supporting AB1745. The bill was passed with overwhelming support (9-0) at the Senate Health Committee hearing. On September 19, 2006, Governor Schwarzenegger signed into law the sponsored bill. To read more about this bill, which affects children's hospice benefits, go to <http://childrenshospice.org>



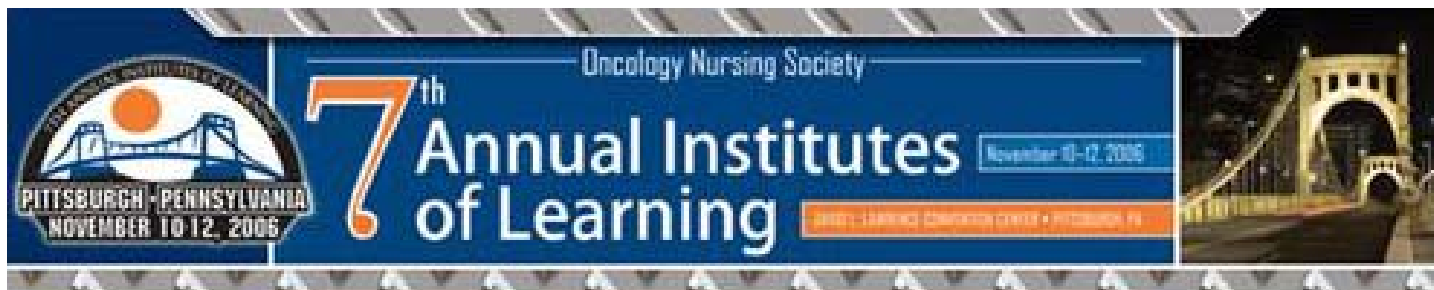
National ELNEC-PPC Courses Coming to the East and West Coasts in 2007

Two ELNEC-PPC train-the-trainer courses will be offered in 2007:

March 29-31 at the Marriott Washington-Dulles Airport Hotel outside Washington, DC

August 1-3 at the Disney Paradise Pier Hotel in Anaheim, CA.

For more information and/or to register, go to www.aacn.nche.edu/ELNEC/07Courses.htm.



Do you have oncology colleagues in your ONS chapter and/or workplace that need ELNEC-Oncology training? If so, they may attend the 7th Annual ONS Institutes of Learning Pre-Conference, November 8-9, 2006, in Pittsburgh, PA. For more information and/or to register, go to www.ons.org/Meetings/iol06/preConference.shtml.



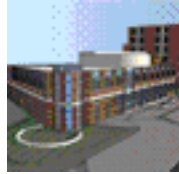
ELNEC Trainer Roundup

Here is a synopsis of what some trainers have been doing since their ELNEC participation. **Please send updates on your ELNEC activities, including pictures of your training activities, to the Project Office at pmalloy@aacn.nche.edu by December 15, 2006 for the Winter 2007 issue.**

Pat O'Brien,

pat_o'brien@midhosp.org
Middlesex Hospital, Middletown, CT

Pat will begin the second session of hospital ELNEC training in October. She will be opening this course to skilled nursing facilities. Also, staff from the Connecticut Valley Hospital will be invited to attend this course since many terminally and mentally ill patients are recognized as underserved. In addition, Pat taught 42 graduate nursing students at the University of Hartford this past summer. Pat reports that this was a wonderful experience, as week after week, the graduate students reported how they had advocated or made some changes in end-of-life care in their practice areas.



Denise Schmidt, flambeaudee@yahoo.com

Flambeau Home Health & Hospice, Phillips, WI

For the last 9 months, Denise has been offering ELNEC training for 2 hours per month to nurses in a local nursing home. Denise has also invited a social worker to talk about advanced directives with the staff.

Don't miss an opportunity to take an ELNEC-Core train-the-trainer course!

- October 12-14, 2006: Washington, DC
- March 7-9, 2007: Pasadena, CA (for CA nurses)
- May 22-24, 2007: Honolulu, HI
- October 17-19, 2007: Washington, DC

For more information and/or to register, go to www.aacn.nche.edu/ELNEC/07Courses.htm.



Unconditional compassion is a must when working with the dying. There is a great need for psychosocial and psychological death education for nursing home staff. Good Endings' mission is to provide this in our nursing homes. Books, CDs and other instructional materials are available on the website at www.goodendings.net. Contact e-mail: Donalyn Gross, goodendings@hotmail.com

ELNEC International

Cure4Kids Launches International Pediatric Oncology Nursing Course

ELNEC-PPC trainer, Ayda Nambayan, Curriculum and Distance Learning Developer with the International Outreach Program at St. Jude Children's Research Hospital in Memphis, has announced that the web-based pediatric oncology nursing course is 100% complete. Ayda has been working on this project for 3 years and states the course is comprehensive and has an international focus. For more information, contact Ayda at Ayda.Nambayan@STJUDE.ORG or review the website at www.cure4kids.org



ELNEC Faculty Invited to Teach at Salzburg Medical Seminar

On October 1-7, 2006, Betty Ferrell and Nessa Coyle will co-chair an ELNEC course for 44 nursing leaders from Eastern Europe. The course will be held at the very first Salzburg Medical Seminar Series for Nurses in Palliative Care. Patrick Coyne and Judy Paice will also serve as faculty. Two nursing leaders from each country in Eastern Europe will be invited to attend. One of the nursing leaders from each country will be a faculty member in a nursing college who teaches clinical nursing and has the capacity to influence future curriculum development. The second attendee will be a clinical nursing leader from a hospital center who directs the development and on-site training of hospital based nurses. This will be an incredible opportunity to integrate palliative care into nursing and to enhance nursing education in Eastern Europe.

Several ELNEC trainers will be "buddying" with these new Eastern European ELNEC trainers to support them in their work. These seasoned ELNEC trainers will be available to answer questions and communicate with these new trainers via e-mail.

Inspiration, News & Resources

Hospice and Palliative Nurses Association Announces Benefits of Membership

The Hospice and Palliative Nurses Association (HPNA) is a national nursing membership organization with nearly 8,500 members who practice in the field of hospice and palliative care. HPNA is currently celebrating its 20th Anniversary.

Member benefits include:

- 6 issues of the *Journal of Hospice and Palliative Nursing*
- ability to qualify for more than 14 different awards (all of which have a monetary value)
- ability to participate in 7 different special interest groups
- ability to utilize nearly 20 different teaching sheets from the website
- free monthly e-newsletters and podcasts
- free quarterly *Quality Matters* e-newsletter
- eligibility to participate in the chapter nearest you
- access to nearly 8,500 other members as clinical resources and colleagues
- access to the 12 member nurse board of directors
- support provided through the staff of the National Office



Available at reduced rates: a major discount on the purchase of more than 25 different educational products, CD ROMS, etc.; a major discount on recertification exam costs; a major discount to attend the annual conference with nearly 2000 attendees; and a major discount on educational services like teleconferences, etc.

Visit the website at www.hpna.org for more information about HPNA. For more information on membership contact Deena Butcher, Director of Membership, at deenab@hpna.org.

Support Grants and Junior Faculty Career Development Awards Available

The new National Palliative Care Research Center (NPCRC) is accepting Letters of Intent online for its pilot/exploratory project support grants and junior faculty career development awards in palliative care. This is the first call for applications issued by the NPCRC, a groundbreaking effort to build strong evidenced-based palliative care research. Applications must focus on palliative care research in one or more of three specific areas:

- Pain and symptom management
- Improving communication among health care providers, patients and their families
- Evaluating delivery models and systems of care for patients living with advanced illness and their families

The NPCRC has a 2-step application process. Qualifying applicants are required to first submit a Letter of Intent (LOI). Individuals selected for further consideration will receive an email from the NPCRC within two weeks of the LOI deadline inviting them to submit full proposals. For more information, go to <http://www.npcrc.org/>. Deadline for Letter of Intent submission is November 1, 2006.

Gift From Within

This non-profit organization serves Post Traumatic Stress Disorder clients and professionals.

Website: www.giftfromwithin.org

Email: JoyceB3955@aol.com,

207-236-8858



Building Palliative Care Programs in Hospitals: Tools and Strategies for Success

November 2-4, 2006

InterContinental Chicago • Chicago, IL

Register today. This CAPC seminar is the essential foundation for any palliative care program.

For more information, go to www.capc.org

Companion Book to A LION IN THE HOUSE

In August, millions of Americans watched the preview of the film LION IN THE HOUSE on PBS. This film chronicled the lives of patients and their families as they experienced grief, loss, and bereavement. The companion book is now available at bookstores and features:

- Chapters on each of the remarkable LION families, with more background and depth on each story.
- Updates on each family as told in first-person interviews
- Over 200 photos, most never before seen
- Seven pages of color photos
- A detailed 12-page resource chapter
- Chapters of first-person reflections from the doctors and nurses in A LION IN THE HOUSE
- A behind-the-scenes chapter on the making of the film, including coverage of this year's Sundance Film Festival

You may receive 50% off the retail price of \$19.95 for any orders of 3 copies or more. To place an order, contact Karen Durgans at karenyd@donet.com.

ELNEC

END-OF-LIFE NURSING EDUCATION CONSORTIUM
Improving Palliative Nursing Care for Patients

(rev. 9/21/06) **2007 COURSES**

Application/registration forms for ELNEC training programs can be downloaded from the ELNEC website at: <http://www.aacn.nche.edu/elneec>



Launched in February 2000, the End-of-Life Nursing Education Consortium (ELNEC) provides nurses and nurse educators with essential training in end-of-life/palliative care and provides participants with the knowledge and resources to share this knowledge with other nursing colleagues.

ELNEC-Critical Care

January 17–19
Pasadena, CA (California Residents Only)
Free registration and materials!

April 2–4
Washington, DC

ELNEC-Geriatric/Long Term Care

February 1–2
Long Beach, CA (California Residents Only)
September 12–14
Pasadena, CA

ELNEC-Graduate

Available to Graduate and Undergraduate Faculty
February 21–22
Albuquerque, NM (at AACN's Masters Conf.)

ELNEC-Core Training Program

March 7–9
Pasadena, CA (California Residents Only)
Free registration and materials!

Advancing End-of-Life Nursing Care

ELNEC is brought to you by:



ELNEC-Core Training Program (cont.)

May 22–24
Honolulu, HI

October 17–19
Washington, DC

ELNEC-Pediatric Palliative Care

March 29–31
Washington, DC

August 1–3
Anaheim, CA (Disney Paradise Pier Hotel)

ELNEC - Course To Be Determined

November 7–9
Pasadena, CA

Seating is limited and fills quickly.

Register early to secure your space.

No On-site Registrations

For more information on these and other ELNEC courses please visit the ELNEC website:

www.aacn.nche.edu/elneec