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ELNECconnections

*End-of-Life Nursing Education Consortium
Fall 2009*

Welcome to the Fall 2009 ELNECconnections!

The End-of-Life Nursing Education Consortium (ELNEC) is pleased to bring you the Fall 2009 issue of *ELNEC Connections*, a quarterly newsletter to showcase efforts in end-of-life nursing education and practice. This newsletter spotlights project developments and provides resources that may be useful to you as an ELNEC trainer.

ELNEC is a national education program to improve end-of-life care by nurses. The project, which began in February 2000, was funded by a major grant from The Robert Wood Johnson Foundation. Additional funding has been received from the National Cancer and Open Society Institutes, and Aetna, Archstone, Oncology Nursing, and California Healthcare Foundations. ELNEC is administered through a partnership between the American Association of Colleges of Nursing (AACN) and the City of Hope (COH).

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2010 Schedule for National 2010 ELNEC Train the Trainer

**ELNEC-For Veterans:**

February 4 & 5—Pasadena, CA

April 8 & 9—Washington, DC

(VA nurses will apply through their VISN. Applications for non-VA nurses will be available on the ELNEC website by December 1)

ELNEC-Pediatric Palliative Care:

March 16 & 17—Pasadena, CA

ELNEC-Core:

February 18 & 19 - Pasadena, CA

June 10 & 11 - Pittsburgh, PA*

July 22 & 23 - Houston, TX*

August 5 & 6 – Portland, OR*

(*Co-sponsored with the Hospice and Palliative Nurses Association [HPNA])

ELNEC-Geriatric:

April 29 & 30 - Pasadena, CA

(Archstone Foundation is providing 100 complimentary registrations for CA nurses)

ELNEC-Critical Care:

October 5 & 6 - Pasadena, CA

(Archstone Foundation is providing 100 complimentary registrations for CA nurses)

Questions or Comments?

Contact Pam Malloy at pmalloy@aacn.nche.edu

ELNEC Trainer Updates



10,000th ELNEC Trainer Recognized at October ELNEC Course

On October 23rd the 10,000th ELNEC trainer, Judith Copenhaver, RN from Chillicothe, OH, was recognized at the 66th national/international ELNEC course in Washington, DC. Judith works at the Chillicothe Veterans Administration Medical Center. The first national ELNEC Train-the-Trainer course was held in January 2001 in Pasadena, CA. Judith was introduced at the opening of the 66th course and presented with an ELNEC pin.

(in picture left to right, Pam Malloy, Judith, and Betty Ferrell)

Updated ELNEC-Pediatric Palliative Care (PPC) Curriculum Provides Additional Information and Resources on Perinatal and Neonatal End of Life Issues

At the October 2009 national ELNEC-PPC train-the-trainer course at St. Jude Hospital in Memphis, TN, 125 nurses and other members of the interdisciplinary team were introduced to updated information on both perinatal and neonatal palliative care. This information will be used to educate nurses in obstetric and pediatric clinics, acute care facilities, and neonatal intensive care units. If you are an ELNEC trainer and would like to purchase this new ELNEC-PPC CD-Rom, contact Pam Malloy at pmalloy@aacn.nche.edu.



National Gerontological Nursing Association (NGNA)/ELNEC Preconference

On October 8, 2009, the NGNA teamed up with ELNEC-Geriatrics in presenting a one-day pre-conference led by Marty Sparks, PhD, GCNS-BC, FNGNA and Nanci McLeskey, MCG, MDiv, RN-BC, FNGNA. Both Marty and Nanci are NGNA Fellows and ELNEC-Geriatric trainers. The course was well received by 31 NGNA attendees. Six ELNEC-Geriatric modules were reviewed during this one-day session. At the conclusion of the day, two case studies were presented and discussed by the group.

For more information contact Nanci at Nanci.McLeskey@hsc.utah.edu.

Elective ELNEC Course Provided at Brigham Young University

BRIGHAM YOUNG UNIVERSITY

In the fall semester of 2009, Barb Heise, PhD, APRN, BC, Assistant Professor at the College of Nursing at Brigham Young University began teaching an elective palliative care course for nursing students and a core course for those working on a minor in gerontology. Barb is team teaching the course with a social worker who has long-term care hospice experience. The 3 credit course (42 class room hours) was also open to students in social work, psychology, and sociology. If you would like to learn more about how to develop an elective course, using the ELNEC curriculum, contact Barb at barbara-heise@byu.edu.



ELNEC Trainer Partners with Faith-Based Congregations to Provide Education to Lay Workers

Janet Timms, EdD, RN has used many of ELNEC materials for both teaching and research projects. At Mercer University, Janet has adapted her ELNEC training to develop a program to train lay workers in churches and other faith-based congregations in the Atlanta area to provide support for members and their caregivers who are coping with chronic life-limiting illness. The idea is to help the participants, who will be referred to as *Mercer University Care Partners*, build and enhance "circles of care" in their congregations. The interdisciplinary training and support will be provided by Mercer University nursing, medicine, pharmacy, and theology faculty. This project will also provide service learning opportunities for Mercer students who are interested in palliative care. If you would like to know more about this project, contact Janet at timms_jl@mercer.edu.

ELNEC International Updates

Goal to Assist with Opening Palliative Care Clinic in Kenya Almost Met



(In picture—Joyce Marete and Betty Ferrell)

The ELNEC Project Office would like to thank those who have generously provided funding for the Palliative Care Clinic that will be opening soon in Nanyuki, Kenya. This past summer, ELNEC faculty travelled to Nairobi, Kenya to provide training for nursing faculty, physicians, social workers, psychologists, and chaplains. One of the participants, Joyce Marete, RN is in the process of building and starting a palliative care clinic in Nanyuki, a small Kenyan town where there is no palliative care. For more information about Joyce's work, see the article in the summer edition of the *ELNEC Connections* at <http://www.aacn.nche.edu/ELNEC/connections/09summer.pdf>. The goal is to raise \$7,000 so Joyce can begin this work (paying for supplies, medications, and a one-year salary for herself). To date, over \$5,000 has been raised. If you are interested in giving to this worthy cause, you may do so by going to www.aacn.nche.edu/ELNEC. All gifts are tax deductible.

ELNEC Trainer's Goal is to Attend to Suffering Across the Life Span in Sub Sahara Africa

In October 2009, Juli McGowan attended the National ELNEC-Core train-the-trainer course in Washington, DC. Juli is a nurse practitioner who lives in Western Kenya. As the AIDS pandemic ravages Sub-Saharan Africa, there is a real need for education in palliative care and offering housing for those experiencing terminal illness. Seven hospices and four palliative care units exist in Kenya for its 40 million people. Juli works for a project called, *Living Room Ministries International*, whose mission is to provide dignity and quality of life to people in western Kenya infected and family members affected by HIV/AIDS and other life-threatening illness. The vision is to create a community of compassion that honors life and offers hope. Juli and those who work with her are in the process of developing a home, extending quality physical, psychosocial, and spiritual care, where no one has to die alone. Much of Juli's work responds to a statement that Joseph O'Neill, Deputy Coordinator of the Office of Global AIDS made, "HIV/AIDS has made medicine understand that if it is only focused on cure and ignores suffering it is not doing its job." Juli has dedicated her life to do all she can to prevent and tend to suffering. If you would be interested in learning more about Juli's work, contact Juli directly at juli@livingroominternational.org and/or check out the Web site at www.LivingRoomInternational.org.



(in picture—Juli McGowan with a Kenyan child)



National ELNEC Course in Japan Held in November

ELNEC-Japan train-the-trainer, Sayaka Takenouchi, RN, BSN, MPH from Kyoto University Graduate School of Medicine and her 15 colleagues held a national ELNEC course on November 21 & 22, 2009 in Tokyo, Japan. Seventy-three nurses from across Japan participated in this training program. Sayaka, who was the lead coordinator in translating ELNEC-Core into Japanese, will work with her colleagues to provide ELNEC training regionally throughout Japan so nurses and nursing students can continue to be educated in palliative care. Sayaka can be contacted at takenouchisayaka@leaf.ocn.ne.jp.

(in picture—Sayaka Takenouchi)

Resources



Guidelines derived from a recent Consensus Conference, including recommendations on the role of healthcare providers in the assurance of quality spiritual care to patients in a palliative care setting, have been published in a comprehensive report, the *Journal of Palliative Medicine*. The article, “Improving the Quality of Spiritual Care as a Dimension of Palliative Care: The Report of the Consensus Conference,” represents the final Consensus Report of a conference sponsored by the Archstone Foundation. Co-authors

Christina Puchalski, MD, MS, FACP, and **Betty Ferrell, PhD, MA, FAAN, FPCN**, present practical recommendations for implementing spiritual care in palliative care, hospice, long-term care, and other clinical settings. The guidelines provide spiritual care models, recommendations for professional training, advice on how to develop accountability measures to ensure integration of spiritual care, and guidance on engaging community clergy and spiritual leaders in the care of patients and families. The article is available free online at www.liebertpub.com/jpm.

The International Association for Hospice and Palliative Care (IAHPC) has announced the launching of *Pallipedia*, a free online palliative care dictionary to be built by the international community, under the auspices of IAHPC. The dictionary can be found online at www.pallipedia.org, with the purpose of improving palliative care knowledge and resources for the global community.



The Veterans Administration (VA) Nationwide Palliative Care Network has announced a new module, *Nature of Suffering and the Goals of Nursing* is now available on the **Palliation Education Network (PEN)** at <http://ecampus.stanford.edu>. The module, presented by Dr. Betty Ferrell, PhD,

MA, FAAN, FPCN, aims to impart key skills related to assessment and alleviation of suffering in clinical care. While this module talks about the goals of nursing, the content is a must read for any clinician who works collaboratively with other disciplines in caring for patients. The PEN curriculum is a web based curriculum created and hosted at Stanford University School of Medicine and is freely available to all VA clinicians through the VA Nationwide Palliative Care Network. The curriculum is completely skill oriented and includes a series of stand alone video and multimedia online modules.



**ELNEC and Hospice Education Network
Begin 2nd Year of Partnership
ELNEC-Pediatric Palliative Care to be Added to Network**

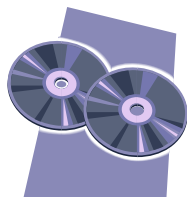
The Hospice Education Network (HEN) and ELNEC continue to offer the hospice industry, hospitals, schools of nursing and other interested individuals or groups online subscription access to eight ELNEC courses presented by national ELNEC faculty. The programs are part of the ELNEC Core trainings that are provided across the country by individuals who have completed the ELNEC Train the Trainer program. By April 1, 2010, the ELNEC-Pediatric Palliative Care curriculum will also be available on HEN. For more information, go to www.hospiceonline.com or contact Andrew Martin at CAMartin@hospiceonline.com, 866-969-7124.

Messages from the ELNEC Project Office



Name on ELNEC Trainer Web site: The ELNEC Project began in 2001 and names on the ELNEC Web site have quickly become outdated. In late 2008 and early 2009, four different e-mails were sent to all ELNEC trainers, asking if they wanted their name included on the new, updated ELNEC Trainer Website. If you did not respond to the e-mail to include your name, but you are currently providing ELNEC courses and would like to assist in developing statewide palliative care coalitions, mentor those interested in providing excellent palliative care, serve as faculty for any area-wide ELNEC training or train-the-trainer program, and/or volunteer to teach internationally, please notify the ELNEC Project Office*. For a current listing of ELNEC trainers by state, please visit, <http://www.aacn.nche.edu/ELNEC/trainer.htm>.

Placing ELNEC Curriculum on Intranet Sites: If you have plans to develop a web-based palliative care program, using the ELNEC curriculum, you must contact the ELNEC Project Office* before doing so. There are copyright issues that we want you to be aware of. For further information, please visit, <http://www.aacn.nche.edu/ELNEC/TrainerResources.htm>.



Purchase New ELNEC CD's: ELNEC trainers can purchase an updated ELNEC CD (i.e. ELNEC-Core, -Critical Care, -Pediatric Palliative Care, -Geriatric) by contacting the ELNEC Project Office*. Though each curriculum is updated annually, note that ELNEC-Core was reformatted (one slide per page with talking points beneath each slide) for the national October 2007 course. In addition, the ELNEC-Critical Care and ELNEC-Pediatric Palliative Care curricula were also reformatted in the summer of 2009. The cost of each CD is \$100. CDs are only sold to ELNEC trainers.

ELNEC Pins Still Available

Are you looking for a unique holiday gift for members of your palliative care team who are ELNEC trained? If so, you may purchase pins for \$10/each. You can receive one free pin for each 10 ordered. A minimum of 10 pins must be ordered.

To order ELNEC pins, contact Celeste Radell at cradell@coh.org.



Looking for Spanish Speaking ELNEC Trainers

We are currently seeking Spanish speaking ELNEC Trainers to do international work. If interested, please contact the ELNEC Project Office*.

* Contact Pam Malloy at pmalloy@aacn.nche.edu

Let us hear from you!

We are interested in your thoughts and suggestions about end-of-life nursing issues. What would you like to see on in this newsletter? Do you have a story to share about how end-of-life nursing education has made a difference for your patients and their families? Please forward your suggestions or comments to:

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