

ELNEC Connections

End-of-Life Nursing Education Consortium

Spring 2009

Welcome to the Spring 2009 Issue!

The End-of-Life Nursing Education Consortium is pleased to bring you the Spring 2009 issue of *ELNEC Connections*, a quarterly newsletter to showcase efforts in end-of-life nursing education and practice. This newsletter spotlights project developments and provides resources that may be useful to you as an ELNEC trainer.

ELNEC is a national education program to improve end-of-life care by nurses. The project, which began in February 2000, was funded by a major grant from The Robert Wood Johnson Foundation. Additional funding has been received from the National Cancer and Open Society Institutes, and Aetna, Archstone, Oncology Nursing, and California Healthcare Foundations. ELNEC is administered through a partnership between the American Association of Colleges of Nursing (AACN) and the City of Hope (COH).



American Association
of Colleges of Nursing



City of
Hope

Stories Featured in This Newsletter:

Click on the titles below to view.



**Five National ELNEC Courses
Remain for 2009**



ELNEC Trainer Updates



**ELNEC Trainers Receive
Awards**



**ELNEC-International
Courses to be held in Kenya and Korea**



Resources and Opportunities

*See the new list of
Frequently Asked Questions
about how to provide
ELNEC Training*

Five 2009 National ELNEC Train-The-Trainer Courses Remain

ELNEC-CORE

- June 25-26, Minneapolis, MN (co-sponsored by the Hospice and Palliative Nurses Association [HPNA])
- August 13-14, Orlando, FL (co-sponsored by HPNA)
- September 24-25, Boston, MA (co-sponsored by HPNA)

ELNEC-PEDIATRIC PALLIATIVE CARE

- October 16-17, Memphis, TN (in collaboration with St. Jude Children's Research Hospital)

ELNEC-CRITICAL CARE

- October 23-24, Washington, DC

For more information and to register for any of these courses, please visit www.aacn.nche.edu/ELNEC or contact Pam Malloy at pmalloy@aacn.nche.edu.

Four National ELNEC Courses Held in the Past Three Months

- ◆ *ELNEC-Pediatric Palliative Care Course, Sacramento, CA*
- ◆ *ELNEC-Core Course, Oklahoma City, OK*
- ◆ *ELNEC-Geriatric Course, Mechanicsville, VA and Pasadena, CA*

On February 20 & 21, 85 nurses and other members of the interdisciplinary team, attended the ELNEC-Pediatric Palliative Care course in Sacramento, CA.

A panel of parents shared their experiences of losing a child. This discussion was memorable, as participants were able to hear about the impact of loss, grief, and bereavement from the mother and father's perspective.

For two consecutive years, a national ELNEC-Geriatric train-the-trainer course has been held in Virginia. Sixty nurses who work in long-term care/skilled nursing facilities, acute care, and schools of nursing attended this two-day course, held in Mechanicsville, VA.



New ELNEC Trainers meet with Judy Paice and Betty Ferrell at Oklahoma City Course

In addition, a second national ELNEC-Geriatric course was held on May 15-16 in Pasadena, CA. Over 120 nurses attended this course, which was generously supported by the Archstone Foundation for California nurses who work in skilled nursing and long-term care facilities, as well as for faculty who teach in Schools of Nursing.

The 58th national ELNEC course was held April 21-22, 2009 at the Mercy Medical Center in Oklahoma City. Ninety-four nurses and other members of the interdisciplinary team, representing 20 states, attended the ELNEC-Core train-the-trainer course.

Despite the current uncertain economic situation in the US, all 2009 ELNEC courses held to date have been full. For a list of future 2009 ELNEC courses, go to www.aacn.nche.edu/ELNEC.

ELNEC TRAINER UPDATES

ELNEC Trainer Holds Training for Directors

Sarah McSpadden, RN, Regional Director of Quality Assessment and Performance Improvement at the Silverado Hospice, Inc in San Juan Capistrano, CA, recently held an ELNEC train-the-trainer course for all Director's of Patient Care Services (DPCS). Seven national offices were represented.

The 2-day course included reviewing all eight ELNEC-Core modules, as well as spending time rewriting the orientation and annual education binders to include the ELNEC training as a requirement of employment at Silverado Hospice, Inc.

"The over-all stated goal for

including ELNEC training was for the single purpose of elevating clinical practice," stated Sarah.

Sarah and her six colleagues will offer one ELNEC module per month, except for the Pain and Symptom Management modules. Each of those modules will be taught over a two-month period.

At the end of the training, each participant received an ELNEC pin.

After receiving her pin, one participant stated, "This is an indication of a greater knowledge in palliative care, and I am going to wear it everyday."

Pins will be distributed to all clinicians who complete the training.



From left: Loren B. Shook, CEO, Silverado Senior Living and Sarah McSpadden, RN, ELNEC Trainer and Director of QAPI Silverado Hospice; Sandi Hebley, RN, Dallas DPCS; Jess Anderson, RN, Salt Lake City DPCS; Sharon Lutz, RN, DPCS/Administrator; Laura Avanesyan, RN, DPCS Burbank; Maria Clark, RN, Houston DPCS.

For more information on this project, contact Sarah at smcspadden@silveradohospice.com.

The University of Akron Provides Training as Faculty Development Initiative

The University of Akron College of Nursing in Akron, Ohio made history on February 17, 2009! The *entire* nursing faculty was trained in palliative care using the ELNEC curriculum.



This Faculty Development Initiative served to update each participant's knowledge related to palliative care.

Faculty members in all areas of clinical practice voiced examples of how they were implementing this information within the classroom and clinical

area, in their own clinical practice, and on a personal level when dealing with loved ones.

Patti Purcell, Palliative Care Task Force Chair, is the first to admit that to do a project as vital as this, you must have many supportive colleagues.

"I am so happy that things worked out the way that they did," stated Patti. "Our Dean and Assistant Dean were supportive of the idea; everyone on the Palliative Care Task Force worked very hard to pull this Faculty Development venture together.

Our College of Nursing Information Technology support was tremendous and our Director of Finances helped with the budget and food.

The day was a success, and it reinforced the need to 'weave' these concepts throughout the

entire curriculum, in all clinical settings and various patient populations.

I am very grateful to be a part of this endeavor, but I am only one person – a person who is very proud to be a part of the faculty at The University of Akron College of Nursing!"

Members of the Palliative Care Task Force include Patti Purcell, MSN, RN, CNS (Chair); Marlene Huff, PhD, RN; Maryhelen Kreidler, PhD, RN; Maria Pappas-Rogich, DrPh, RN; Kimberly Kerr, MSN, RN; Karen Fitzgerald, MSN, RN; Cheryl Owen, MSN, RN; and Rita Young, MSN, RN.

For more information about how Patti and her colleagues were able to provide this training, contact Patti at ppurcell@uakron.edu.

Pictured left: Patti Purcell

HONORS AND AWARDS

Two ELNEC Trainers Recognized for Advancing “Little Stars” Program



The Oregon Hospice Association has given ELNEC-Pediatric Palliative Care trainers, Nancy Diane Manelli-Brewer, RN and Dora Parys, LCSW the Beth Wessinger Award for their role in advancing pediatric palliative care in Oregon through the Sacred Heart Hospice program, "Little Stars."

The Little Stars program works with infants and children who are facing life-limiting illnesses to ensure they have the highest quality of life while being cared for in their home.

Manelli-Brewer and Parys began working together in 2004. In addition to enhancing pediatric palliative care at Sacred Heart, these two caregivers have been asked to share their skills with hospice programs in other communities, hospitals and at medical conferences. Presently, they are working on improving initiatives for pediatric palliative care reimbursement on a state level.

For more information on this award and/or to send congratulations, contact Nancy Diane at ndmbrewer@msn.com.

American Association of Colleges of Nursing Honors Betty Ferrell with the Prestigious Nursing Spectrum/Gannett Award

Dr. Betty Ferrell, Principal Investigator of the ELNEC project, was chosen by the AACN Board of Directors to receive the 2009 Nursing Spectrum/Gannett Award in recognition of her outstanding scholarship and notability of her contribution to nursing, health care, and higher education.

The award was presented at the annual spring AACN meeting in March at the Fairmont Hotel in Washington, DC.

In her acceptance speech, Betty shared many stories of how ELNEC trainers are making significant contributions to palliative care world-wide.

In addition, Betty encouraged Deans of Schools of Nursing to continue their support of ELNEC, as they provide opportunities for faculty to attend future ELNEC train-the-trainer courses.



Betty Ferrill and C. Fay Raines

If you would like to send congratulations to Betty, you may e-mail her at bferrell@coh.org.

ELNEC-INTERNATIONAL

International Hospice and Palliative Care Conference to be held in Fresno, CA

University of California, San Francisco (UCSF), Fresno and Hinds Hospice will present the 2nd annual *Hospice and Palliative Care in Developing Countries* conference, September 18 & 19, 2009 at the UCSF, Fresno Auditorium. This conference will provide a unique educational opportunity for healthcare professionals who are interested in palliative care in developing countries.

For more information about this conference, contact Nancy Hinds at 559-226-5683 or nancy@hindshospice.org.

ELNEC Being Translated into Korean



From left: Sookkyun Park, Su Jeong Yu, Hyun Sook Kim, Sung Eun Chio, and Sanghee Kim

Many exciting opportunities are available for Koreans to expand and improve palliative care practices. ELNEC-Geriatric trainer, Hyan Sook Kim, PhD, RN, Associate Professor, Department of Elderly Health & Welfare and Director of the Research Institute of Health, Welfare & Education at Chungju National University in Chungbuk, Korea, is the team leader of the Task Force Team (TFT), which was promoted by the Korean National Cancer Center.

Five ELNEC trainers from Seoul, Korea are in the process of translating ELNEC into Korean. The ELNEC-Korean syllabus will assist the TFT in writing/publishing a curriculum and textbook for certified hospice palliative nurses. The program will be designed for Korean RN's who work in the hospice palliative setting.

In August 2009, Betty Ferrell and Judy Paice will travel to Seoul to present and to provide assistance to Korean hospice and palliative care nurses. They will also have the opportunity to advocate for hospice and palliative care in Korea, as they will both be interviewed by a television broadcast company. For further information about this exciting project, contact Hyun at hyunsookkim@cju.ac.kr.

National ELNEC Team Going to Kenya in July

For the first time, several members of the national ELNEC faculty will be presenting ELNEC in Nairobi, Kenya. The faculty includes Patrick Coyne, Betty Ferrell, Pam Malloy, and Judy Paice.



Kenya Medical Training College

In addition, Tom Smith, MD from the Virginia Commonwealth University in Richmond, VA will be speaking and presenting ELNEC. The faculty will be providing ELNEC training, consultations, and participating in home hospice visits at the Kenya Medical Training College, Nairobi Hospice, and Kenyatta National Hospital. This trip is supported by the Open Society Institute.

Further information about this trip will be included in the Summer edition of the *ELNEC Connections*.

Don't forget...ELNEC-Core is currently translated in 3 languages

Russian ♦ Spanish ♦ Japanese

If you are going to any countries who speak these 3 languages, please notify Celeste Radell at cradell@coh.org. She will send you a copy of the ELNEC CD translation of your choosing.

RESOURCES and OPPORTUNITIES

The National Consensus Project Releases Second Edition of Clinical Practice Guidelines for Quality Palliative Care

On April 3, 2009, The National Consensus Project for Quality Palliative Care (NCP) announced the release of the *Clinical Practice Guidelines for Quality Palliative Care, Second Edition*.



This updated set of guidelines reflects the continued advancements in the palliative care field since the first printing of the *Clinical Practice Guidelines for Quality Care*, which was originally published five years ago. It is the goal of the NCP for the *Clinical Practice Guidelines for Quality Palliative Care, Second Edition* to serve as a national blueprint for optimal palliative care.

The complete *Clinical Practice Guidelines for Quality Palliative Care, Second Edition* can be viewed and downloaded free of charge at http://www.nationalconsensusproject.org/Guidelines_Download.asp.

Copies of the *Clinical Practice Guidelines for Quality Palliative Care, Second Edition* may be purchased online at the National Hospice and Palliative Care Organization, http://iweb.nhpco.org/iweb/Purchase/ProductDetail.aspx?Product_code=820538.

Pediatric Palliative Care Fellowship

Between July 2009 and June 2010, the Pediatric Advanced Care Team (PACT), the pediatric palliative care service at Children's Hospital Boston and the Dana-Farber Cancer Institute, is offering a 40 hour per week nurse practitioner fellowship.

PACT is an interdisciplinary team dedicated to improving symptoms and quality of life in children with advanced illness, and their families. The core team includes physicians, an advanced practice nurse, and social workers. There will be opportunities to gain knowledge and experience with related community resources, hospice and bereavement services. PACT provides inpatient, outpatient and community patient care.

For questions and application, please contact Marcie Brostoff, MS, RN, at (617) 355-8564, or email Marcie.Brostoff@childrens.harvard.edu.

2010 ELNEC Courses



Plans are underway to arrange national ELNEC train-the-trainer courses for 2010. The schedule will be placed on the ELNEC website by mid-August.

Thought for the Day

“There are two classes of people in this world—those who take the best and enjoy it and those who wish for something better and try to create it. The world needs the appreciation of the first and the discontent of the second.”

~*Florence Nightingale*

RESOURCES and OPPORTUNITIES

Frequently Asked Questions

The ELNEC Project Office receives many questions about how to provide ELNEC training. Here are some of the most FAQs:

Question 1: *I am the only ELNEC trainer at my institution. How can I provide an ELNEC training course?*

Answer: First, check to see if there are other ELNEC trainers from your community/state. A list of trainers who are willing to assist with training in other institutions is listed at www.aacn.nche.edu/ELNEC/trainer.htm. Also, you may want to send your colleagues who are interested in teaching ELNEC with you to a national ELNEC train-the-trainer course. A list of 2009 courses is located at www.aacn.nche.edu/ELNEC.

Question 2: *I am planning to offer an ELNEC course in a few months. How do I notify the ELNEC Project Office?*

Answer: Once the date and location of the course are finalized, fill-out the notification form and send electronically to the project office. The form is located at: www.aacn.nche.edu/ELNEC/TrainerResources.htm. You will find other helpful resources at this site, including “How to Plan an ELNEC Course,” “Copyright Permission,” “Use of ELNEC Materials” and much more.

Question 3: *I attended an ELNEC train-the-trainer course in 2003. Do I need a new ELNEC-CD?*

Answer: Yes, please contact Pam Malloy at pmalloy@aacn.nche.edu and she will send you an order form to purchase a new CD. All ELNEC CDs (core, pediatric palliative care, critical care, and geriatric) are updated annually. If you are using an ELNEC-Core (includes ELNEC-Oncology and ELNEC-Graduate curricula) that was produced before October 2007, it is recommended that you purchase a new ELNEC-Core CD. The ELNEC-Core was not only updated but also reformatted with one slide per page with “talking points” underneath each slide. Case studies are organized by specialty areas (e.g. nursing students, oncology, hospice, etc).

Also, note that advisors are in the process of including more perinatal and neonatal content into the ELNEC-Pediatric Palliative Care (ELNEC-PPC) curriculum. Much of this material will be available at the October 2009 ELNEC-PPC course in Memphis, TN. You may purchase this new ELNEC-PPC CD after the October course.

Question 4: *Later this year, I will be going to Indonesia to do some volunteer work at a hospice. Have other ELNEC trainers been to Indonesia?*

Answer: The list of ELNEC trainers who have participated in international work related to palliative care is located at www.aacn.nche.edu/ELNEC/Global.htm. It is always a good idea to contact other ELNEC trainers (as well as the ELNEC Project Office) before going to a foreign country to provide palliative care. They will be able to give you an idea of what to expect and can share “lessons learned.”

Question 5: *I will be holding an ELNEC-Core training course this summer and would like to give ELNEC pins to all of the participants. How can I order the pins?*

Answer: You may purchase the ELNEC pins for \$10/each with a minimum order of 10 pins. Contact Celeste Radell at cradell@coh.org and she will send you the electronic order form. Allow 2-4 weeks for delivery. All proceeds from the pins go to the ELNEC-International project.

ELNEC