

E·L·N·E·C Connections

End-of-Life Nursing Education Consortium

Welcome to the Summer 2006 Issue!

The End-of-Life Nursing Education Consortium is pleased to bring you the summer 2006 issue of *ELNEC Connections*, a quarterly newsletter to showcase efforts in end-of-life nursing education. This newsletter spotlights project developments and provides resources that may be useful to you as an ELNEC trainer. ELNEC is a national education program to improve end-of-life care by nurses. The project, which began in February 2000, was funded by a major grant from The Robert Wood Johnson Foundation. Additional funding has been received from the National Cancer Institute, and the Aetna, Archstone, and California Healthcare Foundations. ELNEC is administered through a partnership between the American Association of Colleges of Nursing (AACN) and the City of Hope National Medical Center (COH).

Upcoming ELNEC Training Courses

2006 Courses

- August 2-4: Pediatric Palliative Care, Anaheim, CA
- September 13-15: Oncology, Pasadena, CA
- October 12-14: Core, Washington, DC
- November 8-9: Oncology, Pittsburgh, PA
- November 13-15: Critical Care, Pasadena, CA

2007 Courses

- January 17-19: Critical Care, Pasadena, CA
- February 1-2: Geriatric (for CA nurses only), Long Beach, CA
- March 7-9: Core, Pasadena, CA
- April 2-4: Critical Care, Washington, DC
- May 22-24: Core, Honolulu, HI
- August 1-3: Pediatric Palliative Care, Anaheim, CA
- September 12-14: Oncology, Pasadena, CA
- October 17-19: Core, Washington, DC



First ELNEC-Critical Care Course Scheduled

There is no other healthcare provider that spends more time at the bedside evaluating, assessing, consulting, planning, and managing a patient's care than the nurse. Because of this, the critical care nurse has the opportunity and privilege to advocate excellent care for the patient, particularly when the patient's goals are foremost in the plan of care. The needs of critical care nurses, as well as patients and their families are unique. To address these distinctive needs, the ELNEC-Critical Care (ELNEC-CC) curriculum has been developed to assist nurses who care for these patients.



Three ELNEC-CC courses have been scheduled within the next 9 months. Two in Pasadena, CA, November 13-15, 2006 and January 17-19, 2007, and one in Washington, DC on April 2-4, 2007. For further information and/or to register, go to www.aacn.nche.edu/ELNEC. Register early, seating and hotel accommodations are limited.

107 Attend ELNEC Course in Kansas City

On April 19-21, 2006, 107 participants from 30 different states, plus Canada, attended the first ELNEC-Core course held in the Midwest in four years. Upon completion of the course, these nurses returned to their hospitals, clinics, homecare agencies, hospices, palliative care facilities, nursing organizations, and universities to begin disseminating and implementing the ELNEC curriculum.

ELNEC-Geriatric Receives Funding for Curriculum Development and Pilot Course

The California HealthCare Foundation has provided funding for the development of the ELNEC-Geriatric curriculum, as well as a pilot course, which will be held February 1-2, 2007 in Long Beach. This course will be designed to help meet the needs of nurses who work in long-term care, including skilled nursing facilities, retirement homes, and rehabilitation centers, as well as geriatric nurses who work in acute care facilities and hospices/palliative care centers. Though the first course is for California nurses only, future courses are being planned for nurses across the US.



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ELNEC-Pediatric

4th Annual National ELNEC-PPC Training Program

On August 2-4, 2006, pediatric nurses from across the country will gather in Anaheim, CA at the California Paradise Pier Hotel in Disneyland to review the ELNEC-PPC training program. To date, 280 pediatric nurses from 44 states plus the District of Columbia have attended ELNEC-PPC.



Paradise Pier Hotel

This is the final year that the Aetna Foundation will partially fund this course. For more information and/or to register for this course, go to <http://www.aacn.nche.edu/ELNEC/06Courses.htm>. Seating and hotel accommodations are limited, so register early.

Support for Parents Now Available in Spanish

The Children's Hospice & Palliative Care Coalition has announced that the online support network for parents of children with serious illnesses is



now available in Spanish and English. For more information, go to: www.PartnershipforParents.Org (English) or www.PadresCompadres.Org (Spanish). To learn more about the coalition, contact Lori Butterworth at lori@childrenshospice.org.

New Cure4Kids Module

Check out the new module from Cure4Kids for pediatric oncology nurses titled "Oncological Emergencies." Go to www.cure4kids.org and you will find this course and 662 other online seminars/courses, including ELNEC-PPC. Healthcare providers from 149 countries access this site.



ELNEC-Graduate

80 Nursing Faculty Attended ELNEC-Graduate

The final NCI-funded ELNEC-Graduate training program took place on June 21-23, 2006 in Pasadena, CA, with 80 graduate nursing faculty, representing 35 states and 80 graduate schools. A grand total of 300 graduate nursing faculty from 278 (63%) of the 438 U.S. graduate nursing schools have completed this train-the-trainer program. For more information on data related to past ELNEC-Graduate trainers, read the following article:

Paice, J.A., Ferrell, B.R., Virani, R., Grant, M., Malloy, P., & Rhome, A. (2006) Graduate nursing education regarding end-of-life care: Solutions to an urgent need. *Nursing Outlook*, 54(1), 46-52.

Lynn Chilton, lichilton@usouthal.edu

University of South Alabama
Mobile, AL

In March, The University of South Alabama (USA), in consortium with the Live Oak Geriatric Education Center and the Alabama State Nurses Association presented a Geriatric Update. It took place live at the USA College of Nursing and was broadcast all over the state of Alabama. This workshop reached over 100 nurses in remote and rural sites in Alabama. Lynn presented the "Final Hours" module from the ELNEC-Graduate curriculum. The presentation was well received.

US Palliative Care Master's Programs

Some schools of nursing offer palliative care as an emphasis in their Nurse Practitioner or Clinical Nurse Specialist master's program. They are:

- University of Colorado
- University of Alabama, Birmingham
- Madonna University
- New York University
- University of Colorado, Colorado Springs
- St. John Fisher College
- Daemen College
- Medical University of South Carolina
- The University of Illinois at Chicago
- Ursuline College

Sally Crim Tibbals, sally-tibbals@ouhsc.edu

University of Oklahoma
Oklahoma City, OK

Sally recently presented a poster at the American Association of Critical Care Nurses National Teaching Institute (NTI) on "The Art of Palliative Care" and is working on an abstract to submit for next year's NTI titled "Preparing Acute Care CNS Students to Become Members of Palliative Care Teams." In addition, Sally incorporated all eight modules of the ELNEC-Graduate training program into the Acute Care Clinical Nurse Specialist theory class which received very positive evaluations.

ELNEC-Oncology

Final NCI-Funded ELNEC-Oncology Course will be Held in September

Nurses from 30 Oncology Nursing Society (ONS) chapters will attend the September 13-15, 2006 ELNEC-Oncology training program. After this course, 262 oncology nurses, representing 141 of the 222 (64%) ONS chapters will have attended an ELNEC-Oncology course over the past 3 ½ years.



Previous attendees have gone on to provide ELNEC training to members of their ONS chapter and have used the training in their workplace to educate others.

Pittsburgh ONS Chapter to Hold Monthly ELNEC Courses

Sister Diane Matje, Greater Pittsburgh ONS Chapter member and ELNEC-Oncology trainer, has been working with other ELNEC trainers in the Pittsburgh area to provide training on a monthly basis. For \$15 a module or \$30 for three modules, ONS chapter members can have dinner, attend ELNEC-Oncology training, and receive CEs. Between 35-40 members attended each program. Because of the success, Sr. Diane has been asked by her chapter's leadership to offer a module on the first Tuesday of every month, beginning in the fall.



Sr. Diane Matje

In addition to providing ELNEC training to her ONS colleagues, Sr. Diane teaches new RN orientees at Mercy Hospital of Pittsburgh, where she serves as the Palliative Care Program Director/Coordinator of Affiliating Schools. For more information on the work being done by the Greater Pittsburgh ONS Chapter, contact Sr. Diane at DMATJE@mercy.pmh.org

Patrick Coyne Becomes Chair of AACPI Advisory Council

Patrick Coyne, lead consultant and faculty member for ELNEC-Oncology, has just been chosen as the Chair of the Advisory Council for the American Alliance of Cancer Pain Initiatives (AACPI). AACPI is a network of state-based Pain Initiative organizations that works to remove the barriers that impede pain relief through education, advocacy and institutional improvement. It provides resources and guidance to the individual State Pain Initiatives and serves as the national voice for the Pain Initiative movement.



Patrick Coyne

Patrick, who is a Clinical Nurse Specialist and Clinical Director of the Thomas Palliative Care Unit at the Medical College of Virginia Hospitals/Virginia Commonwealth Health Systems, is a founding member and past president of the Virginia Cancer Pain Initiative, a statewide, multidisciplinary organization that works to improve cancer pain management. Congratulations Patrick!

Additional Opportunity to Receive ELNEC-Oncology Training

If you are an oncology nurse and have not been able to take advantage of one of the four NCI-funded ELNEC-Oncology courses, you will want to consider attending the ONS Institute of Learning (IOL) pre-conference, November 8-9, 2006 in Pittsburgh, PA. Registration forms will be available after July 1, 2006 at www.ons.org and www.aacn.nche.edu/ELNEC. You do not need to be a member of ONS to attend this course.

3 Reasons to Notify the ELNEC Project Office When Offering Training Courses

1. It allows the project office the opportunity of keeping track of courses.
2. In seeking further funding for ELNEC, one of the first questions potential funders ask is "how do you know ELNEC trainers are providing training to others?"
3. It permits the project office to promote your course on the ELNEC website (if you request this) free of charge.

Don't forget - if you change your e-mail address, notify the ELNEC Project Office so we can keep you updated on the latest ELNEC news. nbrown@aacn.nche.edu



How Do You Go About Notifying the ELNEC Project Office?

Go to <http://www.aacn.nche.edu/ELNEC/TrainerResources.htm> and click on "Notification Form." Scroll down to page four and you will find the notification form. Fill the form out and return to pmalloy@aacn.nche.edu. Once the notification form and a flyer/brochure announcing the course and agenda have been received, then the ELNEC Project Office will send you a template for the certificate that you may use to give to those who complete the training.

The updated copyright statement is now available on the ELNEC Web site. Please review the copyright statement when using any ELNEC materials. www.aacn.nche.edu/ELNEC



ELNEC Trainer Roundup

Here is a synopsis of what some trainers have been doing since their ELNEC participation. **Please send updates on your ELNEC activities, including pictures of your training activities, to the Project Office at pmalloy@aacn.nche.edu by August 15, 2006 for the Fall issue.**

ELNEC-Ethics Module Now in Japanese

ELNEC trainer Sayaka Sakomoto first became familiar with the program when she was a student at San Diego State University. After her training, she was committed to using the ELNEC curriculum to train Japanese healthcare workers regarding better ways to meet the needs of end-of-life/palliative care patients and their families. Sayaka has just completed the arduous job of translating the ELNEC-Ethics module into Japanese. She is dedicated to translating the entire ELNEC curriculum into Japanese and to modifying the modules to conform to the medical system in Japan. Her professional goal is to teach ELNEC to non-hospice/palliative care nurses and nursing students. Sayaka lives in Kyoto, Japan and is working on her doctoral degree. She can be reached at s.sayaka@pbh.med.kyoto-u.ac.jp.



Sayaka Sakomoto

Maryjo Prince-Paul, maryjo.prince-paul@case.edu

Case Western Reserve University
Cleveland, OH

Maryjo recently presented a poster-pilot study at the Midwest Nursing Research Society in Milwaukee, WI entitled "Understanding the Meaning of Social Well-Being at the End of Life." Her work took first place.



Annie Hagan, apfl@cox.net

Rhode Island Hospital (RIH)
Providence, RI

Annie is a nurse who works with medical patients at RIH. She has been collaborating with a local middle school to have the students decorate boxes that are given to bereaved families. These boxes are used to hold their deceased loved one's personal belongings in. The boxes are given to the families either as the death approaches or afterwards. Each box lists the name of the student who created it. An artist from Hasbro Children's Hospital teaches the students about art as they decorate the boxes and Annie talks about grief and loss and describes the families that will receive the boxes. The president of RIH, who greatly appreciates this idea, has provided \$1,000 as start-up money.



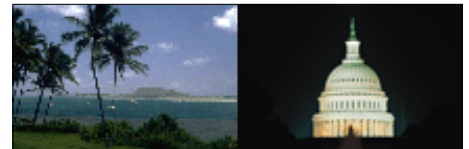
AMA Supports Palliative Medicine as a Medical Subspecialty

At the June 2006 Annual Meeting of the American Medical Association (AMA), the House of Delegates approved a resolution and made appropriate changes to the AMA bylaws to establish a Specialty Section Council on Pain and Palliative Medicine. The American Academy of Hospice and Palliative Medicine sponsored this resolution along with the American Academy of Pain Medicine and the American Society of Clinical Oncology, among others. The adoption of this resolution gives palliative medicine a voice within the AMA. For further information, go to: http://www.aahpm.org/email-data/message/message-2006-06-14_1241.html.



Don't Miss Attending ELNEC-Core

Be sure to share with your colleagues that one ELNEC-Core course will be held on both shores



of the US. The first course will be held in Washington, DC on October 12-14, 2006 at the Marriott Dulles-Washington Airport Hotel and the second one will be held in Honolulu, HI at the Radisson on May 22-24, 2007. For more information and/or to register, go to www.aacn.nche.edu/ELNEC

CAPC's Fall Seminar

CAPC's Fall Seminar "Building Palliative Care Programs in Hospitals: Tools and Strategies for Success," will take place November 2-4, 2006 at the Intercontinental in Chicago, IL. Hospitals will learn how to meet the needs of their most complex patients. The seminar provides a unique, comprehensive overview of all financial and operational essentials needed to start or sustain a successful palliative care program. The seminar is geared to physicians, nurses, administrators and others responsible for the planning and implementation of a palliative care program. Physician CME, nursing and social worker credits pending. For more information and to register, please call the CAPC Events Line at 212-201-2680 or visit www.capc.org.



Inspiration, News & Resources

Post-Traumatic Stress Disorders Training Materials Available



Gift From Within (GFW) is a non-profit organization dedicated to those who suffer from post-traumatic stress disorder (PTSD), those at risk for PTSD, and those who care for traumatized individuals. GFW offers assistance to those with PTSD by sharing ideas, improving morale, and reducing the stigma of the diagnosis and its treatment. The National Hospice and Palliative Care

Organization is using GFW's newest program for staff training.

Some of GFW's DVD & Video Educational Programs include:

- **Grief & Bereavement: Resiliency After Violent Death: Lessons For Caregivers:** This program provides clinicians, social workers, clergy and caregivers engaged in long-term support with families after a violent death, helpful strategies to diminish the emotional distress of violent dying bereavement. Available on DVD or VHS.
- **When Helping Hurts - Sustaining Trauma Workers:** Produced for trauma workers, relief workers and those exposed to trauma due to their professions or work as volunteers, this video outlines the symptoms of Secondary Traumatization and Compassion Fatigue. Available on VHS or DVD.
- **Survival From Domestic Violence: Stories of Hope and Healing:** This film presents stories of women who transformed their lives after living through domestic violence. Distributed exclusively by GFW.
- **Recovering From Traumatic Events: The Healing Process:** This educational video presents recovered survivors and therapists discussing their experiences with the healing process after traumatic events.

For more information, contact Joyce Boaz, Director of GFW at JoyceB3955@aol.com or 207-236-8858.

National Consensus Project for Quality Care

The purpose of the National Consensus Project for Quality Palliative Care is "to promote the implementation of *Clinical Practice Guidelines* that ensure care of consistent and high quality, and that guide the development and structure of new and existing palliative care services." Please continue in your efforts to find opportunities to spread the word about the *Guidelines*, at conferences, educational sessions, informal discussions, and wherever the opportunity may arise. As always, you can have promotional materials (posters, fliers, and print-ready articles, etc.) sent to you by contacting Ken Zuroski at kenz@hpna.org. Bulk purchase rates are available. The *Guidelines* are available for free download in PDF format at <http://www.nationalconsensusproject.org>.

National Consensus Project
FOR QUALITY PALLIATIVE CARE

Board Game As Learning Tool

ELNEC trainer, Karen Mueller has developed a game titled "Seasons of Loss: A Guided Experiential Process for Understanding the Transitions of Illness and the End of Life." This learning tool, which can enhance learning of grief, loss, and bereavement content, can be purchased through Slackbooks.com or Amazon.com. ISBN# 1-55642-767-0. Karen can be reached at Karen.Mueller@nau.edu

One Step at a Time

Life's Toughest Moments, a book written by Jennifer Smith and Bradie Kvinsland helps families advocate for their child during the end-of-life stage and creates meaningful memories, as well as helps in taking steps in the first few days after the child has died. You may view the book online or download and print it for free by going to the following web page http://journeytowardhealing.com/parents_facing.htm.



Dartmouth Atlas Project

The Dartmouth Atlas Project works to accurately describe how medical resources are distributed and used in the United States. The project offers comprehensive information and analysis about national, regional, and local markets, as well as individual hospitals and their affiliated physicians, in order to provide a basis for improving health and health systems. Through this analysis, the project has demonstrated glaring variations in how health care is delivered across the United States. The project is run by the Center for the Evaluative Clinical Sciences at Dartmouth Medical School.

The latest edition of the Dartmouth Atlas, released the first week of June 2006, showed that care of chronically ill patients varies widely among academic medical centers. For more information, go to <http://www.dartmouthatlas.org>