

**ELNEC-INTERNATIONAL TRAIN-THE-TRAINER COURSES HELD  
WORLD-WIDE IN SUMMER, 2009:  
AFRICA, KOREA, MEXICO, AND PUERTO RICO**  
*Over 1,280 Healthcare Providers Received Education in Palliative Care Via  
ELNEC Materials*



**ELNEC Team Provides Palliative Care Education to over 750 in Nairobi, Kenya**  
*Opportunity to Assist New Hospice in Kenya Available to ELNEC Trainers*



A 5-day ELNEC-International train-the-trainer course was held July 20-24, 2009 in Nairobi, Kenya, with 49 nurses, physicians, social workers, psychologists, and chaplains attending. The team, Patrick Coyne, MSN, CHPN, Betty Ferrell, PhD, RN, Pam Malloy, MN, RN, Judy Paice, PhD, RN, and Tom Smith, MD, provided not only ELNEC

training, but also had opportunities to speak at critical care, hospice, HIV/AIDS clinic, and oncology center grand-rounds at the Nairobi and Kenyatta Hospitals and Nairobi Hospice. On Saturday, July 25, an all-day palliative care conference was held at the Kenyatta Hospital with 110 in attendance. All totaled, 442 RN's, 303 MD's, and 20 social workers/chaplains/psychologists attended one of the many educational sessions held throughout the week.

Careful planning was done by Dr. Zipporah Ali, Executive Director of Kenya Hospices and Palliative Care Association (KEHPCA) and Dr. Esther Munyoro, Director of the Palliative Care Program at the Kenyatta National Hospital. With a vision to reach all of Kenya, both physicians marketed the course country-wide, with representatives from all 8 provinces in attendance. Twenty nursing faculty from various institutions in Kenya attended the 5-day train-the-trainer course.

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While in Kenya, the team met Joyce Marete, RN who works at the Nairobi Hospice. Joyce is from Nanyuki and would like to return there to start a palliative care and hospice program to serve this region of Kenya. Joyce attended the ELNEC course in Nairobi and shared with the faculty that Nanyuki and the surrounding area is in desperate need of palliative care services. The hospital does not stock morphine or other forms of opioids to treat the pain of the many residents who have cancer, HIV/AIDS and other chronic life-limiting illnesses. Joyce has received a grant from the Princess Diana Fund to do research on wound care and her work has helped many patients. She has spoken to physicians and nurses at the hospital in Nanyuki and has begun to educate them about the importance of palliative care. In the picture to the left, Joyce is looking at the site in

Nanyuki where she will begin palliative care and hospice services. She has been provided with a place to begin her work, but is in need of supplies, medications, and salary. The ELNEC Project Team would like to invite you to contribute to this effort. Our goal is to be able to provide \$7,000 so that Joyce can begin the first year of these hospice/palliative care services in Nanyuki. If you would like to donate, you may do so by sending your tax-deductible gift to City of Hope/ELNEC-International Fund. The donation form is on the ELNEC website: [www.aacn.nche.edu/ELNEC](http://www.aacn.nche.edu/ELNEC)

## National ELNEC Train-the-Trainer Course Held in Seoul, Korea



In August 2009, Betty Ferrell, PhD, RN and Judy Paice, PhD, RN went to Seoul, Korea to provide a national ELNEC-Core train-the-trainer course for 145 oncology nurses from across Korea. Several of the Korean organizers of this course had been to the United States in the past and had participated in national ELNEC train-the-trainer courses. They presented a slide show of the tremendous amount of work that they have been able to accomplish since returning to Korea. Betty and Judy also had the

opportunity to meet with Eun-Cheol Park, MD, PhD, Director of the National Cancer Control Institute/National Cancer Center, Korea and several staff (as shown in the picture above). An article was also written in the Chosun newspaper (#1 newspaper in Korea) about palliative care, based on an interview they had with Betty. Both Betty and Judy met with leaders in oncology nursing throughout Korea to assist in planning future strategies for advancing palliative care in that region of the world.



Group picture of ELNEC-Korea Trainers after the graduation ceremony.

## Trainers Hold ELNEC Training Course for 325 Interdisciplinary Team Members in Mexico



In August, the ELNEC Project partnered with the Hospice of San Miguel in Guantajuato, Mexico to provide a 2-day training course for 325 nurses, physicians, social workers, nutritionists, thanatologists, and psychologists. Carol Long, PhD, RN, Linda Long, RN, MSN, FNP, and Roger Strong, PhD, RN provided this training. The new trainees were grateful for this opportunity to receive further education in palliative care. Each participant received the ELNEC-Spanish CD-Rom version. Pictured above, ELNEC faculty

Linda Long (2<sup>nd</sup> from the left), Roger Strong (middle), and Carol Long (far right) with new ELNEC trainees.

## 65 New ELNEC Trainers Trained in Puerto Rico



A two-day ELNEC training course took place at the Sheraton Old San Juan Hotel in San Juan, Puerto Rico, August 27-28, 2009. This course was sponsored by the Veterans Administration (VA) Caribbean Healthcare System. ELNEC faculty included Patrick Coyne, MSN, RN, Carma Erickson-Hurt, MSN, RN, and Polly

Mazanec, PhD, RN. Though most of the trainers were from the VA system, others from local hospices and hospitals also attended. “It was a wonderful opportunity to provide palliative care education to so many who were not familiar with this work. They were all so eager to learn and to take the information back to their facility,” stated Polly. The picture above shows Carma Erickson-Hurt reviewing self-care strategies with a small group.



The ELNEC Project Team would like to thank each of you who have given generously to the **ELNEC-International Fund**. This funding allows the Project to continue to offer palliative care education in parts of the world that might not have other opportunities to receive this information. This summer alone, over 1,280 healthcare professionals received some type of ELNEC training in four parts of the world. Many now have the materials to train others and to work in improving palliative care throughout their country. Hospice nurses, medical directors, administrators, nursing faculty—all have attended and now have the opportunity to provide this education to so many others. Through education, care can be improved for the millions of people around the world suffering from life-threatening illnesses. For further information about ELNEC-International, go to <http://www.aacn.nche.edu/ELNEC/pdf/IntlAppeal.pdf>