

# E·L·N·E·C Connections

## End-of-Life Nursing Education Consortium

### Welcome to the Summer 2004 Issue!

The End-of-Life Nursing Education Consortium is pleased to bring you the summer 2004 issue of *ELNEC Connections*, a quarterly newsletter to showcase efforts in end-of-life nursing education. This newsletter spotlights project developments and provides resources that may be useful to you as an ELNEC trainer. ELNEC is a national education program to improve end-of-life care by nurses, and is funded by a major grant from the Robert Wood Johnson Foundation and support from the National Cancer Institute. ELNEC is administered through a partnership between the American Association of Colleges of Nursing (AACN) and the City of Hope National Medical Center (COH).

### Second ELNEC Graduate Course Held With Record-Breaking Attendance

Ninety-four graduate nursing faculty met in Pasadena, CA, June 24-26, 2004 to review the graduate ELNEC curriculum. These faculty members will return to their universities as “train-the-trainers” and implement this curriculum into their graduate programs. In June, 2003, 60 graduate faculty members attended the first course. These 154 graduate faculty, represent 48 states as well as 150 out of 400 graduate nursing programs in the United States. Two other graduate ELNEC courses will be held in June 2005-2006.



Dr. Ruth McCorkle, Yale University, keynote speaker, ELNEC Graduate 2003, 2004



ELNEC Graduate Conference Presenters(clockwise): Thomas Connelly, Boston College, Bill Buron, University of Arkansas, Linda A. Streit, Georgia Baptist College of Nursing, Renel Davis, Hawaii Pacific University, Kay Thurn, St Xavier University, Alice Conway, Edinboro University, Lori Martin-Plank, Temple University, MaryAnn Carr, Pacific Lutheran University and Deb Jezuit, Northern Illinois University.

### New Guidelines for Palliative Care

The National Consensus Project for Quality Palliative Care (NCP) has released new practice guidelines for palliative care specialists and other health care professionals. The guidelines are intended to assist the growing number of palliative care programs established in hospitals, nursing homes, hospices, and health systems deliver high-quality, state-of-the-art care for seriously ill patients and their families. These guidelines are located at [www.nationalconsensusproject.org](http://www.nationalconsensusproject.org).

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### Up-Coming National ELNEC Courses

#### 2004 Courses

- August 11-13, 2004: Pediatric Palliative Care Training Program, Pasadena, CA. 80 pediatric nurses will be attending
- September 15-17, 2004: ELNEC Oncology, Pasadena, CA. 68 oncology nurses will be attending

#### 2005 - 2006 Courses

- June 2005 and 2006: ELNEC Graduate, Pasadena, CA
- September 2005 and 2006: ELNEC Oncology, Pasadena, CA

# ELNEC Training News



## Creative Additions to Pediatric Curriculum

Pediatric ELNEC trainer, Becky Milan and her staff at Riley Hospital for Children in Indianapolis, IN, recently taught an interdisciplinary ELNEC course. Becky wanted to share with you some of the components they added to the course:

*"Pediatric Grand Rounds—When Children Die"* was attended by 200 members of the interdisciplinary teams  
*"Spirituality"* was taught by a hospice chaplain. The focus was Fowler's Spiritual Development Model

*"Breaking the Bad News Panel Discussion"* which included interdisciplinary specialists from pediatric critical care

*"Family Panel"* included two families who spoke (2 mothers, 1 father and an 18 year-old brother) of their experiences. According to the evaluations, this panel was the most effective.

*"Camp Healing Tree"* is a local camp for children 7-17 years of age who can attend the camp to work through their grief. Fifteen minutes were spent reviewing and introducing this community resource. Contact Becky for further information on this course at [bmilan@clarian.org](mailto:bmilan@clarian.org)

## Pediatric ELNEC Course Held in St. Louis, MO

Sylvia McSkimming organized a 3-day national course in May, sponsored by The Supportive Care of the Dying: A Coalition for Compassionate Care. Carole Kenner, Liz Sumner, Deirdre Schweiss, Linda Covert, Sr. Judy Carron, Wendy Mosiman and Bridget Burnor, all participants or faculty of the 2003 ELNEC Pediatric course assisted with this course. Sixty-two participants attended, representing 19 states. To begin the program, Sylvia had a mother share her story about her child's journey through palliative care. "The mother who opened our program with her story was amazing and was able to bring in perinatal, neonatal and pediatric palliative care. We actually could have quit after her presentation and the group would have had a wonderful overview of all the hard work it takes for this care and how important it was," states Sylvia. [Sylvia.mcskimming@providence.org](mailto:Sylvia.mcskimming@providence.org)

## Other Pediatric Courses

Stephanie Ritter and Teresa Chase presented Pediatric Pain and Symptom Management at two recent conferences in Kentucky. One conference reached nurses, chaplains, social workers and physicians from 25 counties. They reported that the participants really liked the non-pharmacologic pain management demonstration stations. [Tbchas2@email.uky.edu](mailto:Tbchas2@email.uky.edu)

## APON Holds 2 Coast-to-Coast Pediatric ELNEC Courses



Lizzie and her trainer Brenda Eng

After attending the 1<sup>st</sup> ELNEC Pediatric Palliative Care Training Program last summer, three trainers decided to take the information they learned and do something national with it. Working with the Association of Pediatric Oncology Nurses (APON), Deb LaFond, Melissa Silva and Karla Wilson, began planning this train-the-trainer course. Deb and Melissa began organizing the course to be held in Washington DC and Karla organized the course to be held in Duarte, CA. In order to do something on this large scale, it was important to work with other ELNEC trainers such as Robin Borges, Debbie Fisher, Debbie Holson, Susan Immelt, Michele Michaels, Brenda Eng, Angela Ethier, Kathy Perko, Sue Pilet, and Cindy Stutzer.

Although most registrants were nurses, other disciplines such as chaplains, social workers, child life therapists, psychologists, and patient care assistants attended. Between the two courses, 135 people attended. If you would like more information about this course, please contact Karla Wilson, APON President at [KWilson@coh.org](mailto:KWilson@coh.org).



Train-the-trainer presenters

## Planning An ELNEC Training or Train-The-Trainer Course?

- ✦ Fill out notification form (on ELNEC website)
- ✦ Notify the Project Office at [pmalloy@aacn.nche.edu](mailto:pmalloy@aacn.nche.edu)
- ✦ Review "Use of ELNEC Materials" and "ELNEC Copyright Permission" for correct attribution
- ✦ Remember: You can advertise your course, free of charge, on the ELNEC website



# ELNEC Trainer Roundup

Here is a synopsis of what some trainers have been doing since their ELNEC participation. **Please send updates on your ELNEC activities, including pictures of your training activities, to the Project Office at [pmalloy@aacn.nche.edu](mailto:pmalloy@aacn.nche.edu) by September 20, 2004 for the fall issue.**



**Casie Williams, [cwilliams@anmc.org](mailto:cwilliams@anmc.org)**

*Alaska Native Medical Center, Anchorage, AK*

Casie taught over 50 nurses from around Alaska at a two-day ELNEC continuing education course. The course provided not only education, but also opportunities for tremendous networking for the participants.

**Cyndi Cramer, [Cyndi@RealNurseEd.com](mailto:Cyndi@RealNurseEd.com)**

*Tampa General Hospital, Tampa, FL*

Cyndi presented three, 4 CE courses entitled "What's That DNR Doing On My Floor/In My ICU?" This was a "warm-up" to a 25 CE conference this summer to train "Palliative Care Resource Nurses" (PCRN's) for every unit/every shift in the hospital.

**Linda Wynsma, [LWynsma@CHW.edu](mailto:LWynsma@CHW.edu)**

*California Hospital Medical Center, Los Angeles, CA*

Linda e-mailed us to say that when she taught Module 8, she had the class work in unit groups to brainstorm barriers and identify strategies to implement the ELNEC program. "People were so excited that following the program I began to get Palliative Care referrals, although we had not formally rolled out the program yet."

**Beth Traudes, [TraudesB@missouri.edu](mailto:TraudesB@missouri.edu)**

*University of Missouri School of Nursing, Columbia, MO*

This past year, Beth taught a unit on end-of-life care to 55 junior nursing students each semester. Student feedback was "overwhelmingly positive." In addition, Beth, Mary Cunningham, Shari Kist and Davina Porock present each semester to students enrolled in the Gerontological Nursing course. Beth and Davina also host/sponsor a Student Oncology and Palliative Care Special Interest Group (SOPSIG) which meets 3-4 times/semester.

**Derianna Mooney, [derianna@hotmail.com](mailto:derianna@hotmail.com)**

*Linsfield College School of Nursing, Portland, OR*

Derianna states that she uses her ELNEC training regularly with the volunteer work she does with Compassion in Dying of Oregon, as well as with her students in clinical situations.

**Nancy Simpson, [nsimpson@une.edu](mailto:nsimpson@une.edu)**

*University of New England, Portland, ME*

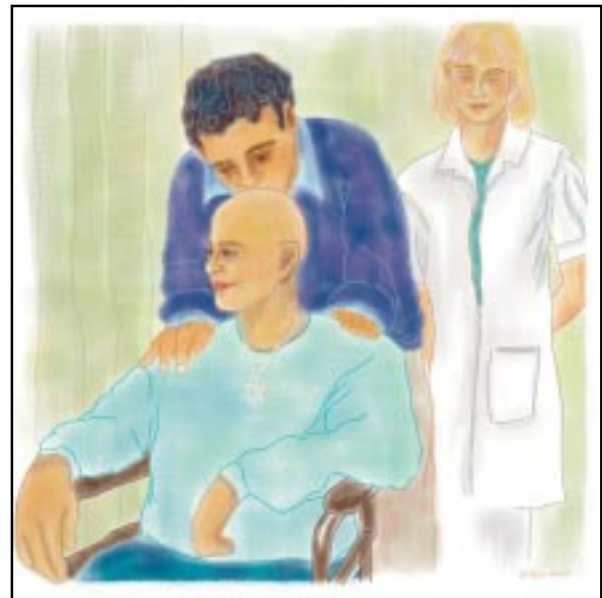
Nancy is completing a 6-month sabbatical in the Bahamas. During her time in the Bahamas, she has been busy introducing ELNEC to nursing faculty and at the Nursing Association of the Bahamas. She presented Module 7 at a spring education seminar. She has also presented the ELNEC content to staff nurses at Princess Margaret Hospital and Doctors' Hospital, to students and faculty at College of the Bahamas and to the general nursing community in Nassau. A new oncology center was recently established and nurses agree that education about end-of-life care is one of their critical needs.

**Jackie Trousterud,**

**[jtrosterud@hopehospice.org](mailto:jtrosterud@hopehospice.org)**

*Hope Hospice, Fort Myers, FL*

Jackie's CEO decided that all hospice nurses at Hope Hospice, which employs over 100 nurses, should be ELNEC instructors. Jackie has personally taught 3 modules. "It is so easy, all the prep work has already been done." In addition, they will be taking ELNEC to the community by way of nursing home education and professional organizations.



# Inspiration, News, & Resources

## Three are Better than One

In May, 2004, 3 ELNEC trainers, Carol Long of the Capstone Healthcare Group, Dina Faucher from Banner Desert Medical Center, and Denise Betcher from Mayo Clinic combined their time and talent and taught ELNEC at the 2<sup>nd</sup> annual palliative care pre-conference in Scottsdale, AZ. [carollong@cox.net](mailto:carollong@cox.net).

## Collaboration: The Name of the Game

In an effort to foster collaboration among ELNEC trainers in the San Francisco Bay Area, Garrett Chan, Diane Stuenkel, and Jane Hoffmann have formed a group, "SF Bay ELNEC." This group will hold its first ELNEC training on September 23 and 24 at the Dr. Martin Luther King Jr. Library in San Jose, CA. For more information, please call Diane Stuenkel at 408-924-3179 or email at [SFBayELNEC@yahoo.com](mailto:SFBayELNEC@yahoo.com)

## ELNEC Trainers Honored

Patricia Pierce was recently accepted as a participant in the Sigma Theta Tau Chiron Mentoring Program. She will be mentoring a graduate nursing student for one year on a project entitled "A Program of Education and Research Focused on End-of-Life Care." This program will be focused on end-of-life care for the Center for Hospice and Palliative Care in South Bend, IN. In addition, Patricia presented a poster at the Midwest Nursing Research Society titled "Quality of Life at the End of Life for Persons with Heart Failure" in St. Louis, MO. [ppierce@iusb.edu](mailto:ppierce@iusb.edu)



Patricia Pierce

## End-of-Life Nursing Education for Hospice and Palliative Nursing Partners

The Hospice and Palliative Nurses Association along with the HPNA Chapter of Metro New York and the HPNA Chapter of Southwestern Pennsylvania is offering ELNEC to chapter members and nurses from Long-Term Care as partners for a 2-day session. Chapter members are to ask a Long-Term Care nurse to attend the ELNEC session with them to promote hospice and palliative nursing. The workshop will be presented by local experts in hospice and palliative nursing.

After participating in the 2-day workshop, the participants will be invited to join an on-line Community of Practice to maintain relationships with all of the participants of their session and the other sessions. A total of nine courses in nine different cities will take place over the next three years.

Please contact Dena Jean Sutermaster at 412-787-9301 or [denajeans@hpna.org](mailto:denajeans@hpna.org) if you are interested in more information.

### HPNA Chapter of Metro New York

Date: October 8 & 9, 2004  
Time: 7:30 am to 5:30 pm  
Place: VNSNY, 1250 Broadway,  
New York, New York 10001

### HPNA Chapter of Southwestern Pennsylvania

Date: October 16 & 17, 2004  
Time: 7:30 am to 5:30 pm  
Place: Quality Insights,  
Penn Center West Two,  
Pittsburgh, PA 15276

## ELNEC and Theology

Linda Birenbaum and a theology professor continue to teach senior nursing students a combined theology and ELNEC course on Suffering and Death at the University of Portland, OR.. This past semester they had about 50% non-nursing students attend the course. Textbooks they use for the course include:

DisPelder, LA and Strickland, AL (2002). *The last dance*. New York: McGraw-Hill  
Pargament, KI (1997). *The psychology of religion and coping*. New York: The Guilford Press  
Mauk, KL and Schmidt, NK (2004). *Spiritual care in nursing practice*. Philadelphia: Lippincott Williams & Wilkins  
Callanan, M and Kelley, P. (1997) *Final gifts*. New York: Bantam Books  
[birenbau@up.edu](mailto:birenbau@up.edu)

Kathy McGarrity recently presented ELNEC at Millersville University, PA and entitled her presentation "The Roles of the Parish Nurse and Health Ministry in End of Life Care." [kmcgarrityjhn@msn.com](mailto:kmcgarrityjhn@msn.com)

Mary Beth Medicke presented on the journey that a cancer patient makes from diagnosis to end of life for a large group of Pastoral Care professionals in El Paso, Texas. Her presentation was so well received that she has been asked to present at a couple of church groups in the community.

[MaryBeth.Medicke@Tenethealth.com](mailto:MaryBeth.Medicke@Tenethealth.com)

## Save the Date:

**Wednesday, September 8, 2004** "Ethics and End-of-Life Care," presented by UCSD Healthcare and San Diego Hospice and Palliative Care at the Radisson Hotel in Mission Valley. 6 CE's provided. Contact Jeanne Maiden at [jmaiden@ucsd.edu](mailto:jmaiden@ucsd.edu)

For a complete list of up-coming trainings, check the ELNEC website at <http://www.aacn.nche.edu/ELNEC>.

**Don't forget - if you change your e-mail address, notify the ELNEC Project Office so we can keep you up-dated on the latest ELNEC news.**



Dr. Diane E. Meier, Director of the Center to Advance Palliative Care (CAPC) sent out the following e-mail on June 18, 2004. The e-mail references a recent article that was written in the June 17<sup>th</sup> edition of the New England Journal of Medicine entitled "Palliative Care." This article proposes a new standard of care for patients and gives you excellent ways to implement these ideas into your own practice.

Dear Colleague,

I wanted to draw your attention to the June 17<sup>th</sup> New England Journal of Medicine article, "Palliative Care," which describes a new standard of care for patients. This article proposes that palliative care be offered in conjunction with curative treatments to both seriously ill patients and those with advanced chronic illness. This article is further proof that palliative care is fast becoming the expected norm in patient care, especially as the number of chronically ill and aging Americans increases.

Using this article can help:

- Provide high-quality care to patients and their families. The article outlines critical components of palliative care including physician-patient communication, assessment and treatment of symptoms and coordination of care. It also highlights the new guidelines from the National Consensus Project and the National Comprehensive Cancer Network. These guidelines further indicate the growing demand for palliative care.
- Build the case for palliative care within the hospital. This article can be used as a tool to explain what palliative care is and to communicate its' value to administrators and others to gain their support for palliative care programs within hospitals.

If you are a New England Journal of Medicine subscriber you can view the article at <http://content.nejm.org> or if you'd like to have the article emailed to you for your personal use, please contact Elana Schaffer at [eschaffer@suttongroup.net](mailto:eschaffer@suttongroup.net) or (202) 342-1333.

If you are interested in learning more about the practical skills needed to establish a palliative care program, I'd like to remind you that CAPC has selected six exemplary hospitals to host two-day site visits. We hope that you will send a team from your hospital to visit one of the sites. Further information on CAPC and the Palliative Care Leadership Center (PCLC) initiative can be found at [www.capc.org/pclc](http://www.capc.org/pclc).

Sincerely,

Dr. Diane E. Meier, Director  
Center to Advance Palliative Care

### ELNEC Faculty Publish Books



*Conversations in palliative care*. Editors: Joan T. Panke and Patrick Coyne. 2004. Pensacola, FL: Pohl Publishing



*Gerontologic palliative care nursing*. Marrienne LaPorte Matzo and Deborah Witt Sherman. 2004. St. Louis, MO: Mosby