

**FOR NON-CALIFORNIA NURSES**

September 2009

Dear Elder Care Provider,

On behalf of the End-of-Life Nursing Education Consortium (ELNEC), we are pleased to offer an opportunity for you to attend the ELNEC-Geriatric training program, **May 15-16, 2009** in Pasadena, CA. Registration fees for non-California nurses are \$500, if received by March 21, 2009. After March 21, the registration fee is \$550. This training will provide you with information and resources to offer end-of-life/palliative care nursing education within your institution and prepare your staff, both licensed and unlicensed, to provide the highest quality end-of-life care to your residents/patients. The registration fees also cover 4 meals (continental breakfasts and lunches on May 15 and 16), the 2006 edition of *Textbook of Palliative Nursing*, and 12.5 CE's (Provider, City of Hope/Beckman Research Institute, approved by the California Board of Registered Nursing, Provider Number 13380, for 12.5 contact hours)..

The ELNEC project is a comprehensive national education program to improve end-of-life care by nurses. ELNEC is a partnership of the American Association of Colleges of Nursing (AACN) in Washington, DC and the City of Hope (COH) in Duarte, California.

During the 2-day course, nine modules will be reviewed in the ELNEC-Geriatric Curriculum. A variety of teaching methods will be provided, including review of case studies, round table discussions, role plays and viewing of videos.

Participants must be employed in one of the following clinical settings:

- Long-term care facilities
- Skilled nursing facilities
- Hospices
- Acute care facilities
- Home care
- Clinics
- College/University nursing faculty

The course goals are:

- Define essential content for highest quality end-of-life geriatric care;
- Explore creative teaching/learning strategies for use in end-of-life care education;
- Describe strategies for overcoming barriers to integration of end-of-life care education within long-term care settings and skilled nursing facilities; and
- Provide tools for geriatric nursing educators to facilitate end-of-life care nursing education.

The registration form follows. Incomplete applications will not be considered. Please note that we anticipate this course will fill-up quickly. There is limited space available for non-California nurses, so we encourage you to register early—first-come, first-serve.



**American Association  
of Colleges of Nursing**

**ELNEC Project Office**

City of Hope

1500 E. Duarte Rd. ♦ Dept NRE

Duarte, CA 91010-3000

Tel: 626.359.8111 ♦ Fax: 626.301.8941

[www.aacn.nche.edu/elnec](http://www.aacn.nche.edu/elnec)

Successful completion of the course will give you enhanced knowledge and skills in end-of-life care, strategies for integrating related teaching/learning experiences, and tools to facilitate that process. This expertise can also enhance your educational outreach within your community.

For additional information about the ELNEC project, please visit the ELNEC Web site [www.aacn.nche.edu/elneec](http://www.aacn.nche.edu/elneec). Should you have any questions, please contact Pam Malloy, Director, ELNEC Project Director, American Association of Colleges of Nursing (AACN) at [pmalloy@aacn.nche.edu](mailto:pmalloy@aacn.nche.edu), 202-463-6930, Ext. 238.

### **What Does the ELNEC-Geriatric Curriculum Consist of?**

During the course, nine modules will be reviewed in the ELNEC-Geriatric Curriculum. The modules are:

- Nursing Care at the End of Life
- Pain Management
- Non-Pain Symptom Management
- Goals of Care/Ethical Issues in Geriatric Palliative Care
- Cultural Considerations in End-of-Life Care
- Communicating with Elders and Family Caregivers Regarding End of Life Issues
- Loss, Grief, and Bereavement
- Ensuring Quality Care at the End of Life
- Preparation for and Care at the Time of Death

A variety of teaching methods will be provided, including review of case studies, round table discussions, role plays and viewing of videos.

### **FACULTY**

**Betty Ferrell, PhD, FAAN**

Principal Investigator, ELNEC-Geriatrics  
City of Hope  
Duarte, CA

**Mary Ersek, PhD, RN**

Co-Investigator, ELNEC-Geriatrics  
University of Pennsylvania  
Philadelphia, PA

**Pat Berry, PhD, APRN, BC-PCM**

University of Utah  
Salt Lake City, UT

**Barbara Head, PhD, CHPN, ACSW**

University of Louisville  
Louisville, KY

**Carol Long, PhD, RN**

Capstone Health Care  
Phoenix, AZ

**REGISTRATION FORM: ELNEC-GERIATRIC TRAINING PROGRAM****May 15 & 16, 2009****Westin Hotel, Pasadena, CA****For Non-California Registrants**

Name \_\_\_\_\_ Credentials \_\_\_\_\_

Street Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

E-mail Address \_\_\_\_\_ Phone # \_\_\_\_\_

Place of Employment \_\_\_\_\_

Job Title \_\_\_\_\_ RN License # \_\_\_\_\_ State \_\_\_\_\_

\*Note: CE's for nurses can not be administered without an RN license #.

**Ethnicity:** \_\_\_Asian \_\_\_African-American \_\_\_American Indian or Alaskan Native \_\_\_Caucasian  
 Hispanic/Latino \_\_\_Other, Please Specify \_\_\_\_\_ **Gender:** \_\_\_Male \_\_\_Female

**Registration Fee:** Deadline for accepting Registration and \$500 fee is **March 21, 2009.****Registration received after March 21, 2009, will pay \$550.**

Payment must accompany registration. Please do not send checks without registration form attached.

**Make checks payable to "City of Hope, NRE."**

**Cancellation Policy:** Registrations that are cancelled up to one week before the meeting will be refunded minus a \$100 administrative fee. Cancellations received with less than one week's notice will be refunded minus a \$250 administrative fee. There will be no refunds for no-shows.

For credit card charges, please note that we accept only Visa and MasterCard. Registrations with incomplete or inaccurate information will be returned to registrant. Note: Credit cards will be processed through AACN—Therefore, your statement will read "AACN."

 Visa     Mastercard    Account Number \_\_\_\_\_    Expiration Date \_\_\_\_\_

Name of Cardholder \_\_\_\_\_ Signature of Cardholder \_\_\_\_\_

**Note: If paying by credit card, your charge will be made to the American Association of Colleges of Nursing (AACN), who partners with City of Hope regarding this education.**

**Hotel Reservations:** See FAQ below (page 7). *You are encouraged to register early, as there are limited hotel rooms reserved.*

Please return this form with your payment for registration to:

**Celeste Radell****City of Hope National Medical Center****Nursing Research and Education****1500 East Duarte Road, Population Science Bldg. #173****Duarte, CA 91010-3000****Fax to City of Hope: 626-301-8941**

For questions regarding registration and/or payment, contact Celeste Radell at [cradell@coh.org](mailto:cradell@coh.org) or 626-359-8111, X 65132.

Send complete application to:

Celeste Radell  
City of Hope  
Nursing Research and Education  
Population Science Building, #173  
1500 E. Duarte Road  
Duarte, CA 91010-3000  
[cradell@coh.org](mailto:cradell@coh.org)  
FAX : 626/301-8941

**NOTE: Do not make travel arrangements until you have received confirmation from City of Hope that your application is complete and that room is still available.**

**CHECKLIST FOR COMPLETE APPLICATION:**

\_\_\_ Completed registration form (A)

\_\_\_ Registration fee (\$500 on or before March 21. \$550 after March 21).

If you have questions, please contact Pam Malloy at [pmalloy@aacn.nche.edu](mailto:pmalloy@aacn.nche.edu) or 202-463-6930, Ext. 238.

For more information on the ELNEC project, go to: [www.aacn.nche.edu/ELNEC](http://www.aacn.nche.edu/ELNEC)

# ELNEC - GERIATRIC

## END-OF-LIFE NURSING EDUCATION CONSORTIUM

*ADVANCING END-OF-LIFE NURSING CARE*

### COURSE AGENDA

*Day 1—May 15, 2009*

<b>7:30 –8:00</b>	<b>Registration/Continental Breakfast</b>	
<b>8:00 – 8:45</b>	<b>Welcome/Introduction/ Overview of ELNEC-Geriatric Curriculum and Resources</b>	
<b>8:45-10:00</b>	<b>Module 1: Principles of Palliative Nursing Care</b>	<b>Betty Ferrell</b>
<b>10:00-10:15</b>	<b>Break</b>	
<b>10:15 –11:45</b>	<b>Module 2: Pain Management in the Elderly</b>	<b>Carol Long</b>
<b>11:45 – 1:00</b>	<b>LUNCH</b>	
<b>1:00 – 2:00</b>	<b>Module 6: Communicating with Elders and Family Caregivers Regarding End of Life Issues</b>	<b>Barbara Head</b>
<b>2:00 –2:15</b>	<b>Break</b>	
<b>2:15 - 3:30</b>	<b>Module 4: Goals of Care/Ethical Issues</b>	<b>Mary Ersek</b>
<b>3:30-3:35</b>	<b>Walking Break to Breakout Group</b>	
<b>3:35-4:35</b>	<b>Teaching Techniques: Use of Case Studies/Self-Care Exercises</b>	<b>Pat Berry Mary Ersek Betty Ferrell Barbara Head Carol Long Kathe Kelly Pam Malloy Rose Virani</b>
<b>4:35–4:45</b>	<b>Q &amp; A/ Daily Evaluation / Wrap up</b>	<b>Pam Malloy</b>

**ELNEC**  
**END-OF-LIFE NURSING EDUCATION CONSORTIUM**

**COURSE AGENDA**

***Day 2 – May 16, 2009***

<b>7:30 –8:00</b>	<b>Registration / Continental Breakfast</b>	
<b>8:00 – 9:15</b>	<b>Module 3: Non-Pain Symptoms at the End of Life</b>	<b>Pat Berry</b>
<b>9:15 – 9:30</b>	<b>Break</b>	
<b>9:30 –10:30</b>	<b>Module 7: Loss, Grief, and Bereavement</b>	<b>Barbara Head</b>
<b>10:30–11:45</b>	<b>Module 4, 6, 7 &amp; 8 Training Session (Role Play) - Application of Ethical Issues; Communication; Loss, Grief &amp; Bereavement; and Final Hours</b>	<b>Pat Berry Mary Ersek Betty Ferrell Barbara Head Carol Long Kathe Kelly Pam Malloy Rose Virani</b>
<b>11:45 –1:00</b>	<b>LUNCH</b>	
<b>1:00 –2:00</b>	<b>Module 5: Cultural Considerations in Palliative Care</b>	<b>Betty Ferrell</b>
<b>2:00 –2:45</b>	<b>Module 8: Ensuring Quality Care at the End of Life</b>	<b>Mary Ersek</b>
<b>2:45 – 3:00</b>	<b>Break</b>	
<b>3:00 – 4:00</b>	<b>Module 9: Preparation for and Care at the Time of Death</b>	<b>Pat Berry</b>
<b>4:00 – 4:45</b>	<b>➤ Implementing ELNEC within your facility ➤ Review of ELNEC Media (website, newsletter, etc.)</b>	<b>Pam Malloy</b>
<b>4:45 – 5:00</b>	<b>Program Summary &amp; Evaluation</b>	<b>Betty Ferrell</b>

## FAQ: ELNEC-GERIATRIC COURSE

**Q: What will I actually be doing during the training?**

A: During the two-day course, you will be reviewing the ELNEC-Geriatric syllabus. Nine modules will be covered. Each module is accompanied by objectives, outline, power point slides, “talking points” for each slide, references, case studies, and supplemental teaching materials. This course is designed to give you a syllabus that will support you in future educational endeavors within your institution and community. The nine modules that will be reviewed include: Nursing Care at the End of Life, Pain Management, Non-Pain Symptom Management, Communication, Cultural Considerations, Ethical Issues, Preparation for and Care at the Time of Death, Loss, Grief & Bereavement, and Ensuring Quality Care at the End of Life.

**Q: What will the weather be like in Pasadena, CA in May?**

A: Temperatures can range in the 50’s to 80’s with the cooler range occurring in the evening. It is recommended that you bring “layered clothing.” Conference room temperatures tend to be cool/cold. Bring a sweater or jacket.

**Q: The conference is at the Pasadena Westin Hotel. Do I make my own hotel reservations?**

A: Yes. A limited amount of rooms has been reserved with the conference rate of \$172.00/night (exclusive of tax). There is an additional charge of \$15/person/day. Call 626-792-2727 or 1-800-Westin1 to make your hotel reservations. When making your reservations, be sure to mention you are with the “ELNEC-City of Hope Course.” To secure this rate, you must make your reservations by **April 2, 2009**. You will be responsible for your own travel and hotel expenses. Book early, as limited rooms are available.

**Q: What amenities does the hotel have?**

A: This beautiful hotel is located 2-blocks north of Colorado Boulevard. The area houses many great shops and restaurants. The hotel also has a work-out area, as well as a pool. A sports bar/restaurant is located within the hotel. For more information on this beautiful hotel, check out their website at [www.westin.com/pasadena](http://www.westin.com/pasadena)

**Q: What should I wear during the training sessions?**

A: Business casual. No jeans, please.

**Q: What if I need to leave before the training is completed on Saturday?**

A: It is very important that you stay for the entire training (course ends on Saturday at 4:45 pm). In order to receive your CE’s, and be considered an ELNEC Trainer, you must attend the course in its entirety. No early departures. Keep this in mind when making your travel plans. *If you are unable to attend the training in its entirety, you will not receive CE’s or an ELNEC Trainer certificate.*

**Q: Will I need to ship any materials that I will receive back home?**

A: You will be given one large binder with all of the modules included, a textbook, and other resources. It is recommended that you do one of the following: Bring an extra, empty suitcase to take these materials home in. Or you may ship your materials home through the Front Desk on site at the hotel. Prices will vary, depending on final destination. Expect 5-7 business days for delivery.

**Q: Which airport is best to fly into?**

A: The Pasadena area is serviced by three airports—Los Angeles International (LAX), Burbank (BUR), Ontario (ONT). BUR is closest to the hotel, however, you may find you can get cheaper rates by flying into LAX. At LAX, Super Shuttle is available outside baggage claim, if needed. You will need to make reservations for the Super Shuttle if you are coming into BUR or ONT airports ([www.supershuttle.com](http://www.supershuttle.com))

**Q: What if I have further questions.....who should I contact?**

A: Contact Pam Malloy at the American Association of Colleges of Nursing at [pmalloy@aacn.nche.edu](mailto:pmalloy@aacn.nche.edu) or 202-463-6930, Ext. 238.