**General Geriatric Resources Available to Faculty**

**Webinar Faculty**

Mathy Mezey, EdD, RN, FAAN  
Professor Emerita, Associate Director  
The Hartford Institute for Geriatric Nursing  
New York University College of Nursing

**Webinar Faculty**

Marie Boltz, PhD, APRN-BC  
Assistant Professor and  
Practice Director, NICHE Program,  
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**Webinar Faculty**

Sherry A. Greenberg, MSN, GNP-BC  
Series Co-Editor, “Try This®: Best Practices in Nursing Care to Older Adults;” and  
Clinical Advisor, The Hartford Institute for Geriatric Nursing, New York University College of Nursing, New York, NY; and  
Doctoral Student, University of Pennsylvania School of Nursing, Philadelphia, PA

**Webinar Faculty**

Laurie Dodge Wilson, MSN, RN, GNP-BC, ANP-BC  
Gerontology Program Director  
American Association of Colleges of Nursing

**Process for the Webinar**

- Faculty will present for about 40-50 minutes
- Faculty will take 20 minutes to respond to participant questions. Questions will be administered by Laurie Dodge Wilson.
Purpose or this GNEC Webinar

You, as a faculty member, will be able to:

- Describe the types of general geriatric resources available in the GNEC web-based "Geriatric Resource Module"
- Identify models of geriatric care in hospitals
- Identify geriatric assessment instruments and protocols for use with older adults
- Describe geriatric resources available to faculty through specialty nursing associations
- Describe geriatric journals and web sites
- Describe the academic programs available for advanced education and mentoring in geriatric nursing

GNEC Project Overview

- AACN administered project funded by the John A. Hartford Foundation through a $2.6 million grant
- Conducted in collaboration with the Hartford Institute for Geriatric Nursing, NYU College of Nursing
- GNEC: Titled the Geriatric Nursing Education Consortium to highlight the collaborative nature of the initiative

GNEC Project Objectives

- Educate faculty at a majority of the BSN programs across the country in care of older adults with complex, chronic illnesses
- Provide faculty with an array of innovative resources to prepare baccalaureate-educated nurses with the expertise and enthusiasm to care for older adults
- Support and empower "trained" faculty as they champion geriatric education, train other faculty, and oversee curriculum revision at their home institution

Disseminating GNEC Resources

- GNEC Resources were initially disseminated at six national face-to-face Institutes
  - 808 faculty attended representing >418 schools of nursing
  - >50 states and Puerto Rico, Mexico and Canada

GNEC Resources

- White Papers on 9 Topics
- Slide Library with Teaching Notes
- Case Studies
- Supplemental Resources
- Innovative Teaching Strategies

GNEC resources are on a password protected site. Please complete the on-line evaluation for this Webinar prior to accessing the resources.
**Outline for this webinar**

- Photographs of healthy aging
- Older adults use of the health care system...
- Web-based resources of the Hartford Institute
  *Try This® and How to Try This series*
- Geriatric protocols
- Model of care in hospitals: NICHE
- Resources from specialty nursing associations
- Scholarships & Training
- Journals
- Organizations/Associations
- Mentoring Opportunities across educational levels
- Using technology with GNEC content

**Older Adults as Healthy and Active**

**Currently Much of All Health Care Is Devoted to Care of Older Adults**

- 57% of all visits to generalist physicians
- 50% of hospital expenditures
- 80% of home care visits
- 90% of nursing home care

**Hospitals’ Response Given that Older Adults Are Their CORE Business**

- Promotional materials and web site show pictures of babies and children
- Little special programming and/or structure to address needs of older adults, e.g.:
  - Large print signage and written materials
  - Bed height, chair configurations, mobility aids
  - Strategies for patients with dementia, e.g., protocols to minimize disruption of routines
Reaching Individual Nurses in Hospitals: NICHE

NICHE: Nurses Improving Care to Health Systems Elders

- <300 hospitals nationwide
- Median of 400+ beds

Hospitals undertaking system change to improve geriatric care

www.nicheprogram.org

ConsultGeriRN: Hartford Institute Resource for Faculty, Students and Practicing Nurses

Geriatric Assessment-Resources

http://www.ConsultGeriRN.org Try This © and How to Try This General Assessment series, e.g.
  > Confusion Assessment Method (CAM)
  > Beers Criteria for Potentially Inappropriate Medication Use in the Elderly
  > Mental Status Assessment of Older Adults: the MiniCog
  > The Geriatric Depression Scale (GDS)

http://www.ConsultGeriRN.org Try This © and How to Try This Dementia Assessment series, e.g.
  > Assessing and Managing Delirium in Persons with Dementia
  > Recognition of Dementia in Hospitalized Older Adults

http://www.ConsultGeriRN.org Try This © Specialty Practice Series, e.g.
  > Informal Caregivers of Older Adults at Home: Let’s PREPARE!
  > Perioperative Assessment of the Older Adult

Try This © Example: Assessment of Fear of Falling in Older Adults

Hartford Institute Try This © Series

- 51 one page, back-to-back authoritative resource for assessment of older adults
- Provide quick review of the topic, assessment process and additional resources
- Includes the actual instrument or approach
- Full series updated in 2007; update for series currently in progress
- Available on web and in PDA format
- AVAILABLE ON www.ConsultGeriRN.org

“How to Try This” Series

- Project of The American Journal of Nursing (AJN) and The Hartford Institute
- Short videos illustrating how to do geriatric assessments
- Print series: A “New Look at the Old” is an AJN print companion to the How to Try This Series
- Available at:
  or www.ConsultGeriRN.org under Resources
Clinical Practice Protocols

- Evidence based protocols (also on AHQR’s National Guideline Clearinghouse web site)  
- Focus on common geriatric care syndromes  
  - delirium, urinary incontinence, falls, nutrition  
- Protocols available on www.ConsultGeriRN.org, under Resources

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REASN

- REASN: “Resourcefully Enhancing Aging through Specialty Nursing”  
- Involves 13 nursing associations  
- Material on specialty nursing web sites

Funded to the Hartford Institute by The Atlantic Philanthropies (USA), Inc.

Specialty Nursing Associations Resources

Geriatric resources developed by specialty nursing associations (with the Hartford Institute):  
- American Association of Critical-Care Nurses (AACN) and American Academy of Nursing (AAN): “Best Practices for Elder Care” online course  
- American Society for Pain Management Nursing (ASPMN): Curriculum to prepare hospital nurses to be a Geriatric Pain Management Resource Nurse  
- Association of PeriOperative Registered Nurses (AORN): online Confidence-Based Learning (CBL) Module, “Perioperative Care of the Older Adult”  
- Emergency Nurses Association (ENA): Universal recommended guidelines for the safer handoff of older adult patients between long-term care (LTC) facilities and emergency departments (ED)

Nursing Homes and Hospitals as Clinical Training Sites

- Six web-based modules to help faculty select nursing homes as clinical sites for students,  
  - Two of these modules focus on culture change  
- A web-based module to help clinical faculty better introduce geriatric content into hospital rotations for BSN students  
- Two web-based modules to help clinical faculty better introduce geriatric content into nursing home rotations for BSN and APRN students  
- www.hartfordign.org/Education/NH_Modules/
Other Geriatric Digital Repositories

- Portal of Geriatric Online Education (POGOe)
  www.pogoe.org
- Geriatric Education Center (GEC) National Online Directory
  coa.kumc.edu/gecresource/
- Clinical Toolbox for Geriatric Care
  www.hospitalmedicine.org/geriresource/toolbox/welcome.htm

Geriatric Journals

- Geriatric Nursing
- The Journal of Gerontological Nursing
  • Special Issue on GNEC 2010: 36(7)
- Research in Gerontological Nursing
- The Gerontologist
- The Journal of the American Geriatrics Society

Associations Representing Geriatric Nursing

- American Academy of Nursing (AAN) Expert Panel on Aging
- American Assisted Living Nurses Association (AALNA)
- American Association for Long Term Care Nursing (AALTCN)
- Gerontological Advanced Practice Nurses Association (GAPNA)
- The Hartford Institute for Geriatric Nursing (HIGN)
- National Association of Directors of Nursing Administration in Long Term Care (NADONA/LTC)
- National Gerontological Nursing Association (NGNA)

These associations are members of the Coalition of Geriatric Nursing Organizations (CGNO) www.hartfordign.org/advocacy/cgno/

Geriatric Associations - general

- Administration on Aging
- AARP
- American Geriatrics Society (AGS)
- American Society on Aging (ASA)
- Alzheimer’s Association
- Gerontological Society of America (GSA)
- National Institute on Aging (NIA)

Associations Representing Long-term Care Generally

- The Pioneer Network
- The National Coalition for Nursing Home Reform
- The Advancing Excellence Campaign
- The American Association of Homes and Services for the Aged
- The American Health Care Association
- The American Medical Directors Association
Advanced Practice Registered Nurse (APRN) Preparation in Geriatrics

- Only 4,500+ Certified GNPs and GCNSs (2010)
- New Model (fully effective 2015) will combine adult and geriatric NP and CNS programs into Adult-Gerontology NP and CNS programs
- Implications for all APRN education programs, certifying entities, accrediting bodies, and licensing bodies

APRN Resource Center: www.ConsultGeriRN.org/APRNCenter

Recap: Key Points to Consider

As you think about using geriatric resources, we present the following key points to consider:

- There are a wealth of evidence-based geriatric resources
- Assessment is the cornerstone of care of older adults
- Students should be exposed to exemplary models of care for older adults in hospitals and nursing homes
- For clinical rotations on specialty units, students should access resources available on specialty association web sites

Accessing GNEC Resources

- Complete the program evaluation prior to accessing the GNEC resources
- GNEC resources can be found at: http://www.gnecresources.com

Permission to Use Resources

- All of the content in the GNEC resources is open access and can be copied and used in the classroom for educational purposes only; they may not be used for any commercial or other purpose
- Permission is hereby granted to reproduce, post, download, and/or distribute, this material for not-for-profit educational purposes only, provided that GNEC: The American Association of Colleges of Nursing and The Hartford Institute for Geriatric Nursing, College of Nursing, New York University are cited as the source. This material may be downloaded and/or distributed in electronic format, including PDA format.

Archived Webinars

This and the other GNEC Webinars are archived and can be accessed at:
http://www.aacn.nche.edu/webinars/past-webinars

We will now take your QUESTIONS
Upcoming GNEC Webinar

Part III: Teaching Strategies to Infuse Geriatric Content

Wednesday, November 30, 1:00 – 2:30 pm ET
Speakers: Mathy Mezey, Christine Bradway, and Melissa Aselage

http://www.aacn.nche.edu/webinars/2011/11/30/g nec-series-part-iii

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